



One Bite at a Time: 52 Projects for Making Life Simpler

Tsh Oxenreider

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From Reader Review One Bite at a Time: 52 Projects for Making Life Simpler for online ebook

Kelly Ringle says

Really liked this book! It gave so many practical ideas to reshape & streamline your life & home. Filled with assorted ideas from cooking staples from scratch (bread & yogurt) to budgeting. I have and plan to implement many of these wonderful tactics in my life!

Anne Bogel says

The formatting of this book: 52 projects, broken into bite-sized, utterly do-able tasks, makes it pure gold for someone with my distractable personality. Love it.

icarranna says

I am a big fan of Tsh Oxenreider's blog, SimpleMom.net. Loved this book. Tsh's writing style is easy, and her suggestions are realistic and achievable. I went through a big push in my life to simplify, and I have incorporated many of the ideas from her book. I also think that the "52 ideas" is perfect for something like "a year of changes" and trying to make one small change per week. I have gone back to particular chapters on several occasions to look at what she suggested. Everything from having a weekly meeting with your spouse, to streamlining your morning and evening routine, to having a mail system - all are practical suggestions, with examples from her own life.

C.G. says

Tsh had lots of really great points in this ebook about simplifying your life. I think the one that has made the most immediate impact was the idea of cleaning up the kitchen as you go and keeping the kitchen sink cleaned out. Whether you struggle with organization, drinking enough water, or finding a schedule that works for you, Tsh has ideas that might help you. You can take it as a chapter a week (52 chapters, 52 weeks in a year), or you can read it all at once (as I did) and either way, I think you'll get something out of it.

Janalyn says

I am at the stage of life where I want to find and expand the joy of homemaking. Once I narrow down what bites I would like to chew off in the book, it will most definitely be used as a tool for me. I think the key for me is to just focus on a few ways to streamline, organize and simplify my life. I will say there are a lot of list making suggestions, and some specific tips for those that have a "type a" personality. Some women that I know might feel a bit stifled by these suggestions so they may not work for everyone.

Sarah Milner says

I just revisited this book; the bite sized chunks are perfect! Some of things I've already made a habit; others aren't quite as necessary [or I've tried them, and they don't work for me]. I'm excited to go through it again, especially after having a third baby. Some things need to get back on track!

Relyn says

Relyn Rating: 4.5 stars

I'm not much of an eBook reader, but I couldn't resist Tsh's book. I only read it in snatches and grabs while I was stuck in line various places so it took me a while. Another reason it took me a while is that I would keep rereading some of her great ideas and deep thoughts. This tiny book had much to offer. I doubt I will ever begin to make my own beauty products, but it was fun to read about and contemplate. I have, however, established a morning routine and it has made a profound difference. We've been working hard to become debt free for a while now, so reading Tsh's thoughts was an extra boost. All in all, just a really great book.

Jess Gill says

i downloaded this book as a .pdf - it's been one of my favorite organization tools for this year. it's broken down into 52 projects with the intention of making it one project per week for an entire year. it'll take far longer (at least for me) to accomplish many of these projects, but so many of them are good, practical ideas that i'm happy to tackle them - organizing all your important life documents into a labeled binder, organizing your photos, simplifying bill paying, meal planning. Tsh is one of my favorite bloggers, and i'm a big fan of both her books.

Rebecca says

I love Tsh Oxenreider! Her mission at SimpleMom.net is to help mothers and other harried individuals embrace simplicity and intention in their lives, and her books follow this same vein. No suggestion in this book is really new and ground-breaking (chapters include: "Make a debt-free plan" and "Start menu planning"), however, Oxenreider presents her projects in an easy-to-digest manner with a healthy dose of her own brand of inspiration. When I had finished, the book had motivated me to make positive changes in my life, which I believe is the intent! Also recommend Tsh's book Organized Simplicity.

MARY WHARTON ALEXANDER says

Worth keeping a copy handy

I loved this book. Not only does she share recipes but she gives you tips that can actually work from a single person to a busy family. It also helps that it's one tip at a time so I didn't feel overwhelmed by all the changes I was making.

Charlotte says

The organization and simplifying tools presented in this ebook aren't new or revolutionary ideas. Rather they're presented in a way that makes a simpler life doable. I won't be implementing all of the ideas in this book, but I will work on several of them. I won't tackle them all at once though--that would defeat the purpose of one bite at a time!

Hallie says

Some useful tips, and for the most part this avoided being too preachy. Cara and I are doing a major decluttering (stalled for the holidays) in preparation for moving out of the house so it can be -- well, hopefully not demolished. This was one of several internet resources I looked at, and wasn't worth the cost for my needs, though it might have been more useful for families with young children.

Kassi says

As I started reading this book I visited the website and printed a list of the 52 projects. So far I have two of them completely finished and I'm working on the third. There are several projects related to using all natural products for various things that I don't know if I'll actually do. BUT the majority of them are really great ideas that I'm looking forward to working through. So glad I purchased this book on my e-reader so the in text links are clickable! AND because I can easily refer back to the project list as I go along.

Hilary says

Nice book for going through and taking stock of your home and life to see what needs an update. I'm a fan of Tsh's blog and previous book. I don't take all of her specific suggestions, but I do like her philosophy and style. And she's very good at making suggestions without sounding preachy or holier-than-thou.

Also random quote that was very helpful: "First, use the three-piece rule. People look so much more put together in the fall than in the summer, don't they? It's because they're wearing three pieces: a shirt and pants with a jacket, cardigan, or scarf to complete the outfit. Even in the summer you can put on a lightweight scarf for more polish."

Sarah says

What a motivating book! I have been overwhelmed with the idea of organizing my home and living a more simple life for awhile now. I have so many ideas on my to-list, that I don't even know where to start. So, I don't start at all.

Tsh Oxenreider breaks down the overwhelming concepts of organizing and living more simply into bite-sized projects. She encourages the reader to do one thing at a time, until it becomes a habit. Then, move on to something else. There is no order, either. So, you can tackle the projects in the order that most suits you best. She gives us, the readers, permission to take our time and to be gentle and forgiving with ourselves. I am excited to get started, and I have hope that this approach will make a difference in my life!
