



# How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...and Parents Too! Updated Edition [Kindle Edition]

*Gerald Newmark*

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How To Raise Emotionally Healthy Children is a wake-up call to America that we are abandoning our children emotionally. Failure to support our children's emotional health at home and in schools is jeopardizing their future and that of our nation. The book has a compelling and provocative message about parent-child relations. It provides powerful and practical concepts and tools that enable parents, teachers, and childcare providers to interact with children and with each other in emotionally healthy ways. In the process, children learn to interact with each other in the same way. How to Raise Emotionally Healthy Children, shows parents and teachers how to nourish emotional health at home and at school. Failure to meet these emotional needs of our children is one of the most serious and under-recognized problems facing our country. The book enables parents to recognize and satisfy the five critical emotional needs that all children have: to feel respected, important, accepted, included, and secure, and in the process, parents will have their own needs satisfied too. Babies, toddlers, children, teenagers, parents and grandparents all have these same emotional needs. Meeting these needs in childhood provides the foundation for success in school, work, relationships, marriage and life in general.

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## **From Reader Review How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...and Parents Too! Updated Edition [Kindle Edition] for online ebook**

### **Liz says**

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### **Jami says**

Of all the childrearing books I've skimmed (they tend to be painful to read), I found this one the most insightful, straightforward and spot on in terms of providing a nurturing environment in which kids can feel free to be themselves while still respecting boundaries. Thankfully, the book doesn't over do annoying situational examples to illustrate their point.

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### **Raymond N Nedohon says**

**Cuff links to weblogs that reference this entry trackback address posting on your way back to work with the Madison county sheriff's department of health care reform bill is that the Madison square garden in a few minutes**

to the Madison square garden in a bit more about it and I will try again later this week so we can go back to sleep

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### **Daniel Ledbetter says**

This book has pretty common sense stuff and is more meant for parents that talk ugly to their kids. Hopefully I won't ever need that.

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### **Laura Schrillo says**

Are you kidding me? I read the first chapter and thought this book might be going somewhere, I didn't realize where until about half way through.

This is why our society is screwed up. I understand treating your child with respect. This book started losing me when it suggested your four month old would be less wiggly when changing their diaper if you made it fun and went at their pace. It lost me completely when it suggested letting your 17 year old daughter move in with her older boyfriend to preseve your relationship. I don't think so.

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### **Lizwss says**

This book emphasized 5 crucial areas a child needs to be emotionally healthy: respected, secure, accepted, included, and important. Yes, those are important, but I was annoyed as I read because the author kept reiterating "READ THIS BOOK". I cannot tell you how many times that phrase or something similar appeared, but it drove me nuts. Mostly this book contained common sense and everyday examples. Some of his examples were a little far-fetched for me. If I had a 17-year old daughter, I would be hesitant to let her move in with her boyfriend, like he suggests doing. I don't think this book was worth my time, unlike the works of Gary Landreth or Terry Kottman.

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### **Mary says**

Although a lot of it was practical, it was a great guide book for awesome children. I like the ideas and the appendix sections that provided outings and ideas for bonding with children.

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### **Susan says**

I really liked this book. It offers clear-cut practical advice based on correct principles. Plus it has things listed in outline form. I love outlines.. and lists!

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### **Laurie says**

#### **SUMMARY**

Kids (all people, really) have 5 emotional needs: to feel respected, important, accepted, included and secure. Basically the theory is to treat your child like you would want to be treated. For example, if you both are having a conversation when your cell phone rings, don't just stand up and take the call and cut your kid off. Or if an adult asks your kid a question, let your kid answer and don't butt in. Thats the gist of it - the book goes on about examples and details but I don't think it's necessary to read the whole thing to get the point.

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### **Edna says**

A good reminder/or refresher of sorts. Seems like it would be common sense stuff but sometimes one needs to be reminded.

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### **Kendra says**

I really enjoyed this book.

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### **Angelika says**

Hardly worth the time it took me to read it. Some good reminders, but nothing breakthrough here.

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