



**How to Get Out of Debt, Stay Out of Debt, and
Live Prosperously*: Based on the Proven
Principles and Techniques of Debtors Anonymous**

Jerrold Mundis

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A simple, proven-effective formula for freeing yourself from debt—and staying that way • Revised and updated, with a new Preface by the author

“A must read for anyone wanting to get their head above water.”—*The Wall Street Journal*

THE CLASSIC GUIDE, REVISED WITH UP-TO-THE-MINUTE INFORMATION

OUT OF THE RED

- Do this month's bills pile up before you've paid last month's?
- Do you regularly receive past-due notices?
- Do you get letters threatening legal action if immediate payment is not made?
- Do the total amounts of your revolving charge accounts keep rising?

INTO THE BLACK

Whether you are currently in debt or fear you're falling into debt, you are not alone. Sixty million Americans—from doctors to secretaries, from executives to the unemployed—face the same problem and live under the same daily stress. Based on the proven techniques of the national Debtors Anonymous program, here is the first complete, step-by-step guide to getting out of debt once and for all. You'll learn

- how to recognize the warning signs of serious debt
- how to negotiate with angry creditors, collection agencies, and the IRS
- how to design a realistic and painless payback schedule
- how to identify your spending blind spots
- how to cope with the anxiety and daily pressures of owing money
- plus the three cardinal rules for staying out of debt forever, and much more!

This book is neither sponsored nor endorsed by Debtors Anonymous. A recovered debtor, the author is intimately familiar with the success of the Debtors Anonymous program.

OVER 4 MILLION JERROLD MUNDIS PRINT-BOOKS SOLD!

How to Get Out of Debt, Stay Out of Debt, and Live Prosperously*: Based on the Proven Principles and Techniques of Debtors Anonymous Details

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From Reader Review How to Get Out of Debt, Stay Out of Debt, and Live Prosperously*: Based on the Proven Principles and Techniques of Debtors Anonymous for online ebook

Merrie Haskell says

I nabbed this book on sale because my brain interpreted the title as being on how to build savings as well. I was a little surprised that it was basically a Debtors Anonymous guide, but here's the thing : everything he says about debt can be applied to saving. This book is excellent for diagnosing your personal resistances, for roadmapping your financial goals, and for promoting a non-sexist, egalitarian way to balance finances with household labor (including emotional labor!). Blew my mind. I'm glad I read it.
