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From Model to Moonlighting, from Elvis to Bruce Willis to motherhood to a behind-the-scenes inside view of network sit-com madness, the irrepressible show biz icon tells all in her own inimitable, no-holds-barred fashion.

-- Cybill is a bona fide star with millions of fans -- a hero to middle aged women everywhere, and a fighter who has championed the rights of women in the workplace. She currently hosts her own daytime talk show, Men Are From Mars, Women Are From Venus, on ABC-TV.

-- Cybill reveals newsmaking, previously unknown chapters of her life.

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Details

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From Reader Review Cybill Disobedience: How I Survived Beauty Pageants, Elvis, Sex, Bruce Willis, Lies, Marriage, Motherhood, Hollywood, and the Irrepressible Urge to Say What I Think for online ebook

Ellie says

I love celebrity bios-and auto bios. And I have watched (and enjoyed) Cybill Shepherd since her breakout success in The Last Picture Show. Plus I adore Bruce Willis. So how could I not love Cybill Disobedience : How I Survived Beauty Pageants, Elvis, Sex, Bruce Willis, Lies, Marriage, Motherhood, Hollywood, and the Irrepressible Urge to Say What I Think?

Less than pedestrian writing and often too much information-both in the sense of too much intimate detail and in the sense of just more than was interesting to read.

I came away from the book still liking Shepherd's work and with a greater respect for her intelligence. But I would have liked more information on the world and craft of film and television, less childhood memories, and less detail about her sexual choices.

But the sections on her television work made the book generally worthwhile.

Especially since it was a free Kindle giveaway.

Adi says

Interesanta pentru cei carora le-a placut Moonlighting - detaliaza cariera ei de model si actrita. Nu stiam ca a jucat in Taxi Driver.

Carla Remy says

All honesty, I skimmed it. I really just wanted to read the Moonlighting parts. But there was interesting stuff throughout. I think it's cool that Cybill hates high heels.

Tabitha Ormiston-Smith says

I am so glad this book was a free download. If not, I don't think I would ever have recovered from my rage at paying money for it. I bought it because I am always fascinated by other people's work and I thought it would be all about what it's like being a television actor. Instead, it started with a blow-by-blow of Ms Shepherd's teenage backseat fumbling and progressed to the main part of the book which was chiefly concerned with her congratulating herself on wrecking people's marriages. I must admit the actual writing

was competent enough, but the material left me feeling as if I'd been rolling about in a sewer. Apart from the unnecessary detail about Ms Shepherd's amours, the constant name-dropping became quite tedious. I always thought that if one were famous oneself one wouldn't need to namedrop. I also think that dragging a person's name into a book, completely irrelevantly to the main subject, just so as to make some scurrilous allegation about the person, especially when he is dead and can't retaliate, is plain tacky. Finally, I really think that the only appropriate venue in which to accuse one's grandfather of being a child molester is a police station.

Joy says

This is a great, dishy celeb memoir from one of my favorite actresses.

Madelon says

I don't read a lot of biography, and I don't read a lot of celebrity biography, but this was really a hard book to put down. I found it to be refreshingly honest, and that from a woman who describes herself as the consummate liar throughout her life.

I didn't know that Cybill Shepard was a singer. Now I do. I've checked out her voice in Amazon music and iTunes. I may be acquiring some of this music, bluesy, blowsy, Memphis music in the very near future.

I think the impetus to reading this comes from the sister telling me years ago that she thought I looked like Cybill Shepherd, which got me watching Moonlighting, so I felt it would be apropos to read something about my namesake Maddie (even though I spell it Maddy).

There is a lot of honesty in this book by the liar, but not a lot of sensationalism. She is pretty forthright about her many conquests without naming a whole lot of names. I suppose if you pored over old celebrity magazines and trash newspapers, you could figure out who The Director was, or who The Suit was, but really who gives a damn. I came away from this feeling like I could sit down with Cybill wearing jeans and sneakers and sip some sweet tea chatting about this and that or just enjoying a companionable silence.

My sister comparing me to Cybill Shepherd is indeed a compliment in every possible way. Thanks for the Good Read, Cybill.

Rebecca says

This was not a happy read. I was really disappointed. I found her to be bratty and self absorbed. Just not likable at all. And the bits on sex were embarrassing in that she seemed so desperate to come off as sexy. I never believed the hype surrounding her that she was a bitch to work with, since it seems that is the "story" on almost all successful actresses, but after reading her side... I actually believe she really was impossible to work with.

Lisa says

Love her or hate her... Cybill apparently doesn't care, as she lets it all hang out in this memoir. I admire her frankness while being put off by her total self-absorption. Pretty sure she earned that rep for being hard to work with.

This is your basic guilty pleasure trashy read. Quick and dirty. If you got it free on Kindle, as I did, more power to ya.

Vikas Datta says

Quite a delightful account...

Mariana says

Honestly, a masterpiece. The paragon to which all other tell-all books should be compared.

Jaime Soria says

I read quite a few reviews of this book before deciding to purchase, and some of them referred to this book as "smut." After reading those reviews, I had very low expectations, and was pleasantly surprised that I enjoyed it. It has a similar feel to other Hollywood autobiographies I've read, so maybe those same reviewers would feel everyone in Hollywood is "smutty." Which might be true come to think of it. And I will give consideration to the word "smut" to describe Cybill's enormous list of sexual partners, including several married men. Ick. Her apparent lack of remorse was a bit upsetting.

However, if you're able to look past all of that, there is a lot more to her story. She provided an excellent look at how difficult it was being a working woman in the 1970's, especially one who was trying to launch an acting career. As females, we are still struggling today for equal pay and equal treatment in the workplace, but her stories demonstrate just how far we've come. Besides a general unequalness in pay, and lack of intelligent, strong female roles available, many of her male costars attempted to knock her down a peg by saying and doing awful things to her. Most could not handle working with an outspoken, opinionated female and frequently reported her as "difficult to work with." I enjoyed when she made Joey Bishop uncomfortable during their dinner show after he began mumbling obscenities at her under his breath during performances. "What did you just say? I didn't quite catch it." she asked, momentarily flummoxing him until he could get back on track with his lines. For those readers who are upset that Cybill recounted detailed stories about what people did and said to her, maybe those individuals shouldn't have been saying and doing those things in the first place. A good lesson in Hollywood is to be nice to everyone you meet and work with, because you never know when the guy bringing your coffee will write a tell-all autobiography.

And finally, how could I not love this quote from her: To this day, I believe that any excuse to discriminate against any group of human beings violates their civil rights. Regardless of their skin color, religion, sex, or sexual preference, all people must be treated equally. To do otherwise is un-American. Well said Ms. Shepherd.

I was ready to bring this down a star for multiple spelling and grammatical errors, which tend to drive me

insane while reading, but it occurred to me that those errors may only be in the Kindle version I was reading, so I will leave this at...4 stars, very entertaining!

Kathleen says

This book lacks any literary quality, and I feel a mild guilty pleasure for having read it... I will assuage my guilt by recommending it as summertime reading.

It's what I imagine it may be like if I were to wind up at a nice restaurant with Cybil Shepherd and over a long meal with _a lot_ of drinks, she talked about herself endlessly, and I egged her on the whole time while typing everything she said and buying us both more drinks.

So relax in your sand chair and listen to Cybil, but don't take this to your book group expecting a rousing debate about the genre... or a debate about her time on The L Word. No coverage of how she wound up there, except that she has a long history of making a spot for herself as a woman in the industry, and wants to support other women doing the same. I say, "Go Cybil!"

David Jay says

This has happened to me before. I pick up a celebrity autobiography, the celebrity in question being someone that I've always liked for one reason or another. With Cybill Shepherd, she has always seems very smart, and funny, and politically aware and savvy. (But I've had this exact same thing happen with Rosie O'Donnell, Patti Lupone, the list goes on and on). I read the book and discover, ok, this person (let's say Cybill) may in fact be smart and funny and politically aware, but WOW, she is an incredible narcissist and I find it shocking that she choose to write a book about herself and be so honest (and so lacking in self awareness) about what a dysfunctional and unpleasant person she seems to be. Noone seems to get along with you and you think its them? Always?? You sleep with married man after married man (or man after man while you are in committed relationships) and then say, oh well, you know how I am, or something to that effect. Every new bit of information that was gleaned from this book was sad or gross or both. Well written, lots of gossip, but just didn't enjoy spending that time in Cybill's company.

Israel Yanez says

This was free at the Kindle store... don't judge. Well, the prologue seemed to promise an amusing read, but after that I couldn't get past a couple more chapters. The stories of sexual escapade were as boring as they were self-absorbed. Good thing this was a free e-book I could simply delete from my iPad. Goodreads needs an option for "didn't finish because it stank"

Kitty says

I wouldn't call myself a HUGE Cybill Shepherd fan, but I did watch and enjoy Moonlighting, and I was mildly curious about her life. Cybill's story is certainly interesting, and from the looks of it, she certainly

didn't "play it safe" with this book. She shares the good, the bad, and the ugly - about herself, and everyone else. There are a few references to people that she doesn't give names to, but there are plenty that she does name: including Peter Bogdanovich, Bruce Willis, Christine Baranski, Orson Welles, and Elvis Presley (to name a few). She gives her whole story, from early childhood to present day. And she gives a LOT of explicit details. In fact, it was one of the most sexually explicit books I've read. In general, it was probably more than I ever wanted to know about her, but it did hold my attention, and it's likely to be a memoir I won't soon forget.
