



Famous Kentucky Flavors: Exploring the Commonwealth's Greatest Cuisines

Cameron Ludwick , Blair Hess , Elliott Hess (Photographs)

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Kentucky has a rich tradition of good eatin', with famous classics like fried chicken and bourbon balls as well as less well-known Bluegrass mainstays like spoonbread, burgoo, and Derby pie. There's nothing worse than pulling off the road for a tasty bite and being confronted with a less than appetizing meal instead. Veteran road trippers Cameron Ludwick and Blair Thomas Hess are on a mission to help you ditch the dives. They have traveled the state and mapped out the best local foods, festivals, and flavors. From their trek to the Beer Cheese Festival in Winchester to the Hot Brown Hop in Louisville, these gals know the best places to eat and want to take you along for the ride in *Famous Kentucky Flavors*. Along the way, you'll visit all the classics and will also be introduced to some more unusual fare, including lamb fries, Benedictine spread, and barbecued mutton. Plan your own lip-smacking road trip from bourbon balls to burgoo with *Famous Kentucky Flavors*.

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