



## Thinking About You Thinking About Me

*Michelle Garcia Winner*

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Per Social Thinking's Advertisement: Understanding the perspectives of others is key to all interpersonal relationships. Many students, including those with high-functioning autism, Asperger syndrome, ADHD and similar social and communication challenges, have difficulties understanding that other people have perspectives that are different from their own. Michelle's model of perspective-taking makes research into Theory of Mind practical for teaching these students and even students who may be considered "neurotypical." Specific lessons, and how to apply them in different settings, are explored. The Four Steps of Communication creates a framework for understanding the complexities of social thinking and for enhancing perspective-taking in students. Social Behavior Mapping and IEPs are examined. How to focus concepts for ages and skill levels are presented through practical handouts, activities and lesson ideas. This second edition of Thinking About YOU Thinking About ME contains much expanded content, including two new chapters and an updated philosophy. The assessment chapter now includes the Social Thinking Dynamic Assessment Protocol®, with more detailed assessment techniques. For ages K-adulthood.

## Thinking About You Thinking About Me Details

Date : Published 2007 by Michelle Garcia Winner (first published September 1st 2002)

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Author : Michelle Garcia Winner

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## **From Reader Review Thinking About You Thinking About Me for online ebook**

### **Abdullahi says**

not yet read but the title more likely

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### **Zzz says**

I liked this book. for social thinking.

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### **Anne says**

This book was written for clinicians who teach social thinking (or pragmatic speech) to children and adults. As a layman though, I got a lot out of it. The big picture is that in order to communicate effectively, the speaker needs to be able to take in the other person's perspective. This is something that is an organic development for most children, but can be challenging for people with Asperger's, NLD, autism, etc. Just describing the problem is helpful, but Winner also provides practical suggestions on how to build perspective taking skills, how to read non-verbal cues, and the hidden rules of conversation.

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### **Aimee says**

A great resource for anyone who works with individuals with social cognitive learning challenges! This book focuses on the skill of perspective taking.

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### **Cathy Campbell says**

Great resource on helping children and adults understand how their behavior impacts others and some strategies for effecting these behaviors. This information was new to me. I wish I would have known it years ago.

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### **Christine says**

This book was so helpful to me as a parent and layperson. It's full of practical advice about how to help children improve their perspective-taking abilities. Highly recommend!

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### **Melissa says**

Excellent...real life situations as we see them, not as we philosophically are supposed to see them.

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