

PSYCHOLOGY *FACTS, BASICS,
STATISTICS, TESTS, AND MORE!*



CLASSICAL CONDITIONING WAS IVAN PAVLOV'S MOST FAMOUS AND INFLUENTIAL WORK, AND IT LAID THE GROUNDWORK OF BEHAVIORAL PSYCHOLOGY. IN ESSENCE, THE IDEA OF CLASSICAL CONDITIONING IS SIMPLY LEARNING SOMETHING BY ASSOCIATION.

PSYCH101

PSYCHOLOGISTS STILL DISAGREE ON THE EXTENT TO WHICH VISUAL PERCEPTION RELIES UPON EXTERNAL STIMULUS.



A
CRASH COURSE
IN THE
SCIENCE OF
THE MIND

PAUL KLEINMAN

Psych 101: Psychology Facts, Basics, Statistics, Tests, and More!

Paul Kleinman

Download now

Read Online ➞

Psych 101: Psychology Facts, Basics, Statistics, Tests, and More!

Paul Kleinman

Psych 101: Psychology Facts, Basics, Statistics, Tests, and More! Paul Kleinman

A hands-on approach to exploring the human mind

Too often, textbooks turn the noteworthy theories, principles, and experiments of psychology into tedious discourse that even Freud would want to repress. *Psych 101* cuts out the boring details and statistics, and instead, gives you a lesson in psychology that keeps you engaged - and your synapses firing.

From personality quizzes and the Rorschach Blot Test to B.F. Skinner and the stages of development, this primer for human behavior is packed with hundreds of entertaining psychology basics and quizzes you can't get anywhere else.

So whether you're looking to unravel the intricacies of the mind, or just want to find out what makes your friends tick, *Psych 101* has all the answers - even the ones you didn't know you were looking for.

Psych 101: Psychology Facts, Basics, Statistics, Tests, and More! Details

Date : Published August 18th 2012 by Adams Media (first published August 1st 2012)

ISBN :

Author : Paul Kleinman

Format : Kindle Edition 288 pages

Genre : Psychology, Nonfiction, Science



[Download Psych 101: Psychology Facts, Basics, Statistics, Tests, ...pdf](#)



[Read Online Psych 101: Psychology Facts, Basics, Statistics, Test ...pdf](#)

Download and Read Free Online Psych 101: Psychology Facts, Basics, Statistics, Tests, and More!
Paul Kleinman

From Reader Review Psych 101: Psychology Facts, Basics, Statistics, Tests, and More! for online ebook

Oksana Osterberg says

???, ?????!

?????, ?? ??? ??? "?????" ? ????????, ????, ??? ?????? ?? ??? ? ?????? ?????? ??????-

????????? ??????????. ?????? ??? ?????? ? ??? ??? ?????? ?????????? ?? ???, ?? ????????

??? ?????? ?????????? ?????????? ?????????? ? ?????????.

????, ?????? ??? ???.

Kyle Craig says

Psych 101 is not a book for everyone. It is a textbook that is informative with no plot as one might expect.

For a boring topic, it makes the topic interesting and enjoyable to read about as it relates

The book was published in 2012 by Paul Kleinman. Paul has published other works such as Philosophy 101.

Paul stays with the realm of the human mind and its interacts. As all informational books, there is no plot or

characters but rather focuses only on people and their scientific contributions to the psychology field. The

flow of the book is not linear as it deals with one topic then skips to another; only to be revisited fifty pages

later. The book, however, starts with the familiar topic while slowly becoming more advanced, but still ties

in simply topics to keep the reader interested. One of the first topics is classical conditioning, which is

common in training pets by associating treats with tricks that the animal performs. This book is not similar to

anything I have read before. I personally enjoyed it more than other books that I have read with an actual plot

to them. The book is not controversial however some of the experiments that were performed, now are no

longer acceptable, are depicted. This book does not have a theme or moral but instead teaches about different

forms or morality and where they stem from.

This book is not for everyone as I disclosed before. It is meant for people interested in the world of

psychology. Kids will not enjoy this nor will some adults. I would recommend this to science-loving students

that want to explore the different fields of science for it provides a great stepping stone.

Azamali says

Table of Contents

Introduction

Ivan Pavlov

B. F. Skinner

Sigmund Freud

Anna Freud

Lawrence Kohlberg
Stanley Milgram
Alfred Adler

Basic Theories on Groups
Philip Zimbardo
Solomon Asch
John B. Watson
Hermann Rorschach

Visual Perception
Gestalt Psychology
Cognitive Psychology
Cognitive Dissonance Theory
Drive Reduction Theory

Harry Harlow
Jean Piaget
Albert Bandura
Carl Rogers
Abraham Maslow

Theories of Intelligence
Kurt Lewin
Carl Jung
Henry Murray

Left and Right Brain
Love
Karen Horney
John Bowlby

Attribution Theory
Emotion
Personality
Leadership Theories
Dreams

Art Therapy
Hypnosis
Albert Ellis

Cognitive Behavioral Therapy

Heuristics

Harry Stack Sullivan

The Magical Number Seven, Plus or Minus Two
Erich Fromm
The Good Samaritan Experiment
Personality Disorders

Dissociative Disorders
The Rosenhan Experiment
David Kolb'S Learning Styles
Anxiety Disorders
Mary Ainsworth and Strange Situations

Mood Disorders
Lev Vygotsky
Somatoform Disorders
False Consensus and Uniqueness Effects
Stress

Self-Discrepancy Theory
Insert Illustrations
Copyright

Tatiana Kim says

[illegible]

Jessica Blankenship says

Psychology has always been something I devoured! When I was in high school, I have always been intrigued by the brain, behavior, and how it all plays out. I don't mind reading the textbook versions of psychology, but it would help if they made it more interesting for the students/readers.

That's what Psych101: A Crash Course in the Science of the Mind does. It breaks down all the Psychologists that have made the theories and/or tests that have proven and made Psychology what it is today.

Although Sigmund Freud is probably the most well known psychologist to date, there are tons more. Without these people we wouldn't know about dreams, reactions, or mental illnesses. I have written extensive notes on all of these psychologists- yet never comprehended as much as I did just reading this book.

As humans, we tend to learn more when it's in the form of entertainment or lightly written. Textbooks have very small letters, which make it hard to concentrate and read more than a few chapters at a time. They are hard to curl up with and get cozy. This book is very small, fits in my hands and is an amazing read.

It's more an interesting "here's this and this is how and why it came along." He gets straight to the point. I think for most people the reason textbook writing is so hard to comprehend is because they beat around the bush. They make the chapters with less detail, yet more "factual" which is harder to understand for normal readers.

It doesn't start from the discovery and Psychology and go from there. It jumps around without any significant reason, but that's what makes it interesting and so fun to read. It doesn't overwhelm you with just the facts.

It feels like talking to a friend in a way. It's put in a "perspective" that if someone were telling you firsthand about the tests, psychologists, and hypothesis of behavior. If you're interested in why people do the things they do, you'll love this book!

Excerpt from the book: Oral Stage (birth-18 months) "In this stage, a child focuses on oral pleasure like sucking because they create a sense of comfort and trust. If there is too little or too much gratification in this stage, the child will develop an oral personality or oral fixation and become preoccupied with oral behaviors. According to Freud, people with this type of personality are more likely to bite their nails, smoke, drink, or overeat, and will be gullible, depend on other people, and will always be followers"

Facts like this interest me, so naturally I love the entire book. There is cool facts like this throughout the entire book. There is a wide range of topics, and I'm sure that even someone who wouldn't otherwise be interested—would love this book.

Here are some random topics that the book covers:

Dreams

Hypnosis

Leadership theories

Theories of Intelligence

Memory

Bystander effect

Conformity
Left and Right Brained

The book is completely thorough on it's biographies of the Psychologists. I love learning about the history of people and what drove them into their chosen careers.

Bilal Ashrafov says

I can't say that it's a advisable book for introduction to science of behavior and mind – psychology. Rather, it can be recommended to get acquainted with psychology at an introductory level. Expression language is also quite understandable. Psychology-related version of popular science books, but the information inside is quite valuable, both for those who are interested in psychology seriously, and for those who just want to learn something. A book which needs to be read to get information about psychology world (psychologists, psychiatrists, psychological theories and so on) in general.

Farlene says

I was given this as a gift because of my interest in psychology and now I'm hooked! Although some things were straightforward, I learned a lot about the predecessors of psychology and their contributions to the field, also the psychologists who will later study and develop varied theories of their work. I really enjoyed this book and anyone who is interested in psychology, this is a great start!

Owen Herbst says

Psych 101: Psychology Facts, Basics, Statistics, Tests, and More! by Paul Kleinman is a very educational read, and is extremely informative, which is all one can truly ask from a psychology book, but Kleinman helps relate the theories and ideas from dozens of experiments to the real world. And it is easy to understand! Kleinman's strength in this book is making the findings of psychologists, contemporary and from before, fun to read and easy to understand. You can even find evidence of these principals in your own life and behavior, I did, myself, while reading. Personally, though, I believe he should have made the explanations a bit more in depth while doing this. Some of these principals actually became a little bit vague and unsupported as a result of his failure to do so. Another thing I found a problem with is that Kleinman also includes background information about the psychologists. This is very useful and insightful in cases like John Bowlby. Bowlby did not have a lot of time to spend with his mother, and spent most of his time in a nursery, until he was sent to boarding school. He, for example, believed he suffered many setbacks in his development into adulthood because of his separation from his mother and father. This caused Bowlby to study infants and their attachment to their parents, and what sort of deficits a human would face when they were deprived of this relationship. Kleinman should include this information if useful, but most of the time I found myself reading a lot of information on the psychologist for almost no apparent reason, other than to find out when they lived and what qualifications they had. I think these snippets of information could have been cut down on, unless necessary, and the focus on the experiments could have been more precisely directed. Other than that, I found this book to be quite intriguing, and I found myself analyzing my own present behavior and childhood behavior/development, while reading. I would certainly recommend this

book to anyone interested in psychology. It is a great introductory book for a quick explanation about experiments and principles regarding psychology. Although it is useful in other scenarios, I do not think it is AP worthy. It will satisfy the mind of an AP reader, but its lack of plot makes it difficult to use in a language class. Psych 101 by Paul Kleinman is a good read and anyone seeking to learn more about the complex system, which is the human mind, should open it up and read!

Mariah says

This book was awful. Like a step above old wet newspaper, this book is closer to trash than informative psychological literature. There were grammatical errors and typos, 'facts' that have been disproven before this book was published, and almost every bio on famous psychologists ended like a middle schooler's essay. Many of the famous psychologists were on about crazy theories, yet had bios that ended with a statement akin to 'but they are still very influential to psychology today'. Further, this book as an introduction but no conclusion.

Will never read ever again. Such a waste of time. Painful even.

Kevin says

This was interesting but not what I expected. I thought I was getting an introductory text like you might expect if you enrolled in a college level course on Psychology. What you actually get are a bunch of bio's on famous psychologists and a few chapters dealing with interesting tests, experiments and psychological problems.

Ammar Om says

Psychology made simple!

Reading it was more like a journey into the depth of our existence as humans to explore the mysteries of the human psyche, it helps you understand yourself as well as others around you in a very unique way. In some chapters the book teaches you more about the greatest psychologists of all time, who shaped our understanding of ourselves, the book presents these scientists with a very simplified brief of their work and their contributions to the world of psychology in a scientific, yet understandable language.

In other chapters the book sheds light on some fundamental experiments and theories that led to some major discoveries and findings which helped create a deeper comprehension of psychology, physiology, sociology, anthropology and biology.

The rest of the chapters address some issues in psychology which would make it easier for you to understand what's psychologically wrong with you, and with others around you, issues such as dreams, personality, stress, various types of disorders and so on. The book also explains some psychological concepts regarding the way we view life, others, and our own.

Such a great book, i recommend it to those who are keen to widen their circle of knowledge.

Kate says

dry and not exactly what I was hoping for. The facts were good but they were over-run by biographical facts of famous psychology figures instead of focusing on the psychology itself - more of what I was hoping for. Overall a very decent introduction book, but I was bored by the background and where these people grew up, I skimmed until I got to more facts.

Lizbeth Román says

Psychology made easy! Este libro hace todo fácil de entender, informaciones puntuales y precisas y mucho conocimiento bien concentrado. Siempre supe que me encantaba la psicología pero ahora estoy enamorada.

Vasyl Pasternak says

Worth reading. Concentrated knowledge about psychology studies and diseases in engaging form

Cagatay says

It gives very short biographies of famous psychologists and their theories.

This is the first book I've read about psychology. I wish I had read before.

It reminded me to evaluate people and myself from a more distant point of view.

As I am newly acquainted with this area, I can't specifically recommend this book to anyone who likes to have brief knowledge about psychology. All I can say that I found most of the things that we all hear about psychology from here and there. It is not boring at all. I believe that this book is like an entrance hall to psychology where you can see other doors easily that can lead you to details. It is not like some beginners' books which leave you under a pile of unnecessary information.
