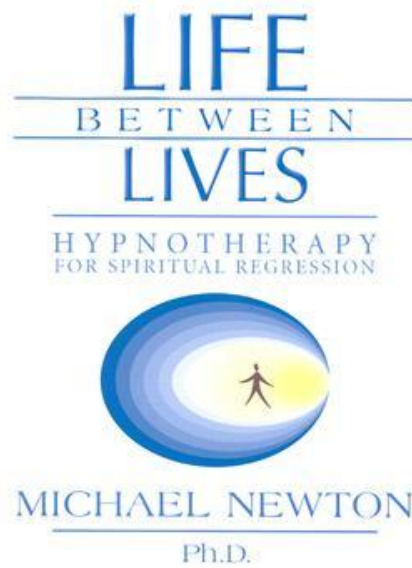


BY THE AUTHOR OF BEST-SELLING
JOURNEY OF SOULS & DESTINY OF SOULS



Life Between Lives: Hypnotherapy for Spiritual Regression

Michael Newton

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Life Between Lives: Hypnotherapy for Spiritual Regression

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Life Between Lives: Hypnotherapy for Spiritual Regression Michael Newton

Dr. Michael Newton is world-famous for his spiritual regression techniques that take hypnotic subjects back to their time in the spirit world. His two best-selling books of client case studies, *Journey of Souls* and *Destiny of Souls*, have left thousands of readers eager to discover their own afterlife adventures, their soul companions and guides, and their purpose in this lifetime. Now, for the first time in print, Dr. Newton reveals his step-by-step methods. His experiential approach to the spiritual realms sheds light on the age-old questions of who we are, where we came from, and why we are here. This groundbreaking guidebook, designed for both hypnosis professionals and the general public, completes the afterlife trilogy by Dr. Newton.

Life Between Lives: Hypnotherapy for Spiritual Regression Details

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From Reader Review Life Between Lives: Hypnotherapy for Spiritual Regression for online ebook

Neal Boswell says

Written as a textbook for hypnotherapists. It's a very interesting book IF, you are open to the possibility of reincarnation and getting in touch with the activities of the soul between incarnations.

Tish says

The idea of many lifetimes seems universal, to me - a lovely and natural idea. An existence between incarnations makes sense in the face of this belief. I had a difficult time, though, accepting the majority of this book. Perhaps it was that the examples were chosen for sensationalism rather than enlightenment...what horrible images of murder and rape and suicide seemed to fill every past life mentioned. With the hundreds of thousands of lives and the billions of people who live and die in quiet, every-day struggles, I find it hard to believe in the horrors that filled these stories. The book did nothing to expand knowledge of greater purpose, nor put forth any philosophy or ideas on how to better oneself or one's life, or alternative points of view of the self in relation to the world and the universe and all other beings. In fact, the book seemed to slant toward satisfying a deeper greed for self-importance and justifying self-centered fascination. That being said, though, the book was another voice testifying to the need for personal meditation, and another illustration that the quest for purpose and understanding is universal.

Mia says

nu stiu ce sa cred - e o carte interesanta, dar putin probabila, sa fie totul atat de frumos si chiar usor, ca intr-un film, inclin sa cred ca nu, desi iti da un sentiment maret, ca si cum totul ar avea o importanta, ca si cum fiecare om chiar ar fi special.

Sunny says

very very interesting book. never really thought of some of the suggestions the author is making. Helps with the book i am writing at the moment which is set in heaven. its about how hypnotherapists are able to take you back to the time of your youth, then a step back to the time you are in your mummy's tummy, then to a time when you are in a previous life and then it talks about the time between lives. hence "life between lives". it talks about the continuum of the soul and how it takes different body forms and the things we learn after each soul passes from one life to another. its a learning and evolving process. not sure i believe in this reincarnation aspect of the soul but still a very very interesting read nevertheless.

Danna Pycher says

I've already been practicing Past Life Regression for a long time, this technique takes it to a whole new level. Very fascinating read.

Radoslav Minchev says

Nice writing style, simply explained, good handbook for spiritual regression.

Sayla Snyder says

Very informative

Cristina says

I love this book! This led me to meet one of the practitioner listed in the book, and experienced a past life and life between lives regression few years ago. Those were awesome lifetime experience!

Talina Adamo says

Good read that I would recommend to others.

I am almost done with all of Michael Newton's books on this similar topic.

I am using it for inspiration and research. So, far it has been amazing!

VR Comrie says

Excellent explanation of Life Before Life hypnosis and what it means

Another terrific book by Dr. Michael Newton. I've read his other works and this one is more for hypnotists who practice LBL regression, but as a layman I still gathered A great deal of information about this fascinating subject.

Jennifer Catlin says

Fascinating work by Michael Newton. To get even more perspective upon the work in this book, check out *Destiny of Souls* and *Journey of Souls*, where he documents HOW he received this information, over 40 plus years of working with over 7,000 clients in a deep theta wave regression state. It took a significant amount of work for Michael Newton to compile case studies and reports of individuals in the life between lives soul state to gain what he feels, as a former atheist, is an accurate representation of the spirit world. He also states he realizes this is just the beginning of this work and believes our knowledge will continue to evolve. The

therapeutic elements of LBL hypnotherapy are far reaching. I very much look forward to attending The Newton Institute Training in CA in April!

Jennie says

It was a more technical read, and a little dry. I couldn't get into it, although I've heard good reviews about the author, so maybe someone else would have a different experience.

Leslie North says

This is the how-to of spiritual regression. So it would be very interesting if I were a hypno-therapist.

Kenny says

Unlike his two previous books, Michael Newton's "Life Between Lives" is not primarily a continuation of his case studies of souls hypnotically regressed to the Spirit World, the schoolhouse of the eternities.

Instead, in the interim since 2002's "Destiny of Souls," Newton has largely focused on the training of spiritual regression hypnotists, and this book is a sort of primer on the procedure of that particular type of hypnosis, which goes much deeper than other kinds, thus revealing not just past lives, but our eternal lives and identity.

There are a few new nuggets found in a select number of newly-revealed case studies, but for the most part, LBL is a shorthand review of JOS and DOS, focusing on the hypnotist and his procedure. It includes Newton's own methodology and yields fascinating insights into how a hypnotherapist goes about regressing a subject and how to help that subject recall their Spirit World experiences; a look behind the curtain, so to speak, only this Oz is the real deal.

Highly recommended for those contemplating spiritual regression or hypnotherapists seeking to expand their practice to include Newton's teachings for accessing the Spirit World.

Bud James says

As a Hypnotherapist-in-training (I will graduate from my current course of study at the end of this year after nearly 600 hours of combined study and client-work as a Certified Clinical Hypnotherapist (CCHt.) I find this particular area truly my calling. Dr. Newton has provided a marvelous process to access some of the most elusive of information - our time between lives.

This is book three in his trilogy (Journey of Souls, Destiny of Souls, and Hypnotherapy for Spiritual Regression) and is aimed at the Hypnotherapist practitioner focusing on Spiritual Regression. While it is in very in-depth, including excerpts of scripts and dialogue used during his many example sessions, I don't feel it can properly replace experiential training.

