



Do You Think I'm Beautiful?

Angela Thomas

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This book is for women who know, perhaps only deep in their heart, that they need an answer to the question, "Do you think I'm beautiful?" Readers will come to understand that the question is uniquely feminine, placed there by the Creator to woo them to Himself. Along the way, women will learn about the distractions that can keep them from the One who calls them beautiful, what it takes to return to His embrace, and what delights await them there. Angela's skillful, moving writing style is peppered with warm and funny stories from her own life that readers will immediately identify with. And the practical Bible teaching Angela offers will help readers bridge the gulf between the life a woman longs for and the life she actually has.

Do You Think I'm Beautiful? Details

Date : Published April 3rd 2005 by Thomas Nelson (first published February 4th 2003)

ISBN : 9780785273776

Author : Angela Thomas

Format : Paperback 213 pages

Genre : Christian, Nonfiction, Religion, Christianity, Christian Living, Faith, Womens

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From Reader Review Do You Think I'm Beautiful? for online ebook

Daryl says

I highly recommend this book. I normally think a lot of Christian books about beauty are cheesy. This book cuts right to the heart of the issue. It is also funny and honest.

Stacy says

Along the lines of Captivating and Because of Jesus this book delves into why we ask the question, "Do you think I'm beautiful?" and, ultimately reminds us that God thinks we're beautiful. I'm not sure I completely agree with some of the conclusions drawn in a couple of the chapters, but for the most part I am pleased with it. This is a great book to go through with a friend, as I have done, because it sparks some interesting discussion. I don't know if I would go through it with a group of women, though; I think it lends itself to one-on-one. The supplemental journal you can buy is a great help with questions designed to really make you think about who you have been made to be and lots of scripture for discussion. After we would go through the chapter each week and talk about what stood out to us, we would go through and read the scriptures from the journal and talk about who God is, as well as any other questions the journal may have listed.

Val says

I thought this was very good.

Melissa Ferris says

This is such a good book and such a kind (but important reminder) of who He is and what role He is meant to play in our lives. I highly suggest this for women in general, but even more so for women with self esteem issues. It is a great book.

Natalie McNee says

I thought this book was exceptionally well written. It is a must read for every woman, we live in a society where beauty is based on outward appearances and most of us believe we fall short of these industry set standards. We tend to forget that the Lord is in love with us and loves us just the way we are - His design is perfect and His opinion is the only one that matters.

He is our bridegroom and He is coming for a bride without spot, wrinkle or blemish and that is us. He is our hero and He will lift us out of the ashes and place crowns on our heads. This book was uplifting and a joy to read, I highly recommend it!

Denise says

A book about the author's experience of God. She dances with Him and finds encouragement in His presence as she delights in Him. Best part is her discussion on the elder brother (pgs. 109-119). Elder brother doesn't know his sin or know grace. He's still in his fears, sin, and unforgiveness. No compassion for prodigal brother. He thinks God's approval is based on works so he judges others/prodigal by their works. Author states the elder brother misses out on dancing with God. I believe author's defines dancing with God as letting go of hindrances like anger so you can hear God's music, know His grace, and rejoice in the freedom of His love (pg. 111).

Also good is chapter 10. I was amazed at how the author handled all the crazy things people said to her. She saw everyone as a potential friend and was not easily offended, but gave everyone grace. I was touched by crown of beauty giving someone the ability to give others grace and mercy, and her discussion of Isaiah 61:1-3.

Though the author uses scripture to relay her meaning, she doesn't always reference it. I'm not sure dancing with God is scriptural, but it's a popular notion today. David danced before God, not with Him. 2 Samuel 6:14 "And David was dancing before the Lord with all his might, and David was wearing a linen ephod." Also, Psalm 149:3 "Let them praise His name with dancing; Let them sing praises to Him with timbrel and lyre." Dancing in praise of God is in scripture; dancing with God is not something I've found in scripture. But as I said, book is about author's experience of God. Maybe I'm not hearing the music yet and need to know God more and depend on Him more to be able to dance with Him.

Very real, emotionally transparent writing.

Bianca Sy says

Everyone, read this. <3

Rachel Sanchez says

Angela Thomas travels around the United States to visit young teens and adults to talk about her story. She wrote this book to tell her story about her journey. She wasn't the most beautiful girl, as she said about herself. She prayed to god asking why couldn't she be like the others? She later dated this guy that broke her heart. She went through trouble because she didn't understand and throughout the book she always questioned if she was beautiful. SO really, during the book she really just talks about her asking god if she is beautiful and their relationship throughout this book. She prays, and he answers her prayers in a very creative way, it is very interesting! She awaits her true love and at the end, well I couldn't tell you that! I really did enjoy this book a lot. It was a religious based book. Even if you are not, it is still a beautiful story to read. I recommend this books mostly to girls, it sure was a good feeling reading it.

Grete says

An examination of wounds and brokenness that keep us from fully accepting God's love for us. I imagine this could be a healing, powerful book for some women. Personally I grew a bit weary of the relentlessly emotional and sentimental content.

While there are many and great precedents in Christian tradition for mystical marriage language, I found Thomas's depiction of romantic relationship with God limiting and not particularly resonant. The metaphor of God as Bridegroom is profound, but it is not the only metaphor we have. By relying too heavily on it, we perpetuate our perception of God as unremittingly masculine, and hamper ourselves with a correspondingly truncated view of our own gender.

Bonnie says

This is a quick but heartfelt read. It feels like a girlfriend is at your house for a sleepover pouring out her heart and wisdom. I think any woman young or old would love this book.

Alicia says

I reread this often. It's pretty religious and sometimes preachy, but the general idea that we're brainwashed to think we're princesses on Earth when in reality we are princesses in Heaven, always makes me smile.

Lesley says

This is a book from a Bible study that I'm currently doing, and I have to say that I'm really not loving it. We're doing the study with an accompanying workbook, which requires a major time commitment. Again, if I put the work into it (approximate equivalent: 3 credit-hour 200 level college course), I might get more out of it. This book is more enjoyable to read than the other Bible-study book I've posted, but it seems to only offer you some substantive help if you're willing to work on it all the time.

Mia Halton says

I read this book around 2009, when I was 14 or 15; a time when I was struggling with major insecurities and a lot of self-image issues. The book was life-changing in that it caused me to recognize that I was looking for my identity and security in all the wrong places. It helped me to learn how to reject the temptation to look to the world for the answer to the question, "Do you think I'm beautiful?" and find my value in who I am as a child of God.

I give it 5 stars for the impact that it had on my life, and would highly recommend it to anyone struggling

with insecurity & self-image.

Maria Elmvang says

A non-fiction book about the love affair we (ought to) have with God. It points out scripture after scripture of how God loves us, is enthralled by our beauty and wants us to not be wall-flowers but come dance with him. It's difficult to do it justice in words, but I highly recommend it. I read it in no time and often found myself moved to tears by the beauty of it. Even if nobody else seems to, God loves us above anything else. It took some getting used to, to read of God's love as a romantic love, but then it struck me, why not? There are different kinds of love - romantic love, friendship love and family love, just to mention the most obvious ones. If I'd ever thought to categorize God's love (other than 'just' being divine), I'd have called it family love. But isn't that limiting God's love? After all, Jesus calls us friends (John 15 somewhere), so obviously there's friendship love involved as well, and a marriage is pretty empty without romantic love, so when we're called to be the bride and Jesus the bridegroom, shouldn't that be included as well? Huh... I'd never thought of that before, but put like that, I guess it makes sense?

I now regret it took me so long to read it, as it might have been able to help me through some of the hard times by teaching me not to rely solely on others for my happiness and feeling of self-worth, but leaving that in the hands of God.

Reread in 2010: While I still greatly appreciated the message shared in the book, I wasn't quite as blown away by it as on my first read through and therefore had to downscale my rating to 4 stars. I'm not sure what the difference is, only it jumped out at me on this read-through that Angela Thomas spends a *lot* of time on the theory, and very little on how to put it into practice. I think just about any Christian woman would want to dance with God, but if a person doesn't know how to actually go about doing it, they won't necessarily learn it from this book.

On the other hand, they might. And it's still a beautiful sentiment and theory, so I'd still highly recommend it.

Lauren says

On reading this a second time, it is still good to hear/be reminded of the message, but it is almost old news and a bit harder to rejoice in.

The one thing that I notice now that I perhaps didn't notice a couple years ago, which comes from my recent experience in a very language conscious church community, is the definite portrayal of God as a masculine/paternal figure. Perhaps this is just because the author is focusing on the heart/perspective of a woman and so wants to compliment/contrast that with the masculine figure, but people who want a more inclusive image/portrayal of God as Father/Mother/He/She/All/Everything could be offended or put off by the book's one-sidedness in this respect.

Read this a few years ago, but I'm re-reading it (felt the urge/need). It's the perfect thing to read AFTER He's Just Not that Into You, especially if you've had such an experience in real life- very encouraging. Makes you feel validated for wanting to feel loved and loved just as you are.

Bethany Dirksen says

Yeah, I didn't like this book even though everyone in my circle was raving about it at the time. I think it is something moms want to give their girls to make them feel good about themselves....it was just too much for me.

Bryce Holt says

Sometimes I try to bridge the gender gap and jump into strictly female-genre books. Most of the time I'm delighted by doing so (see "Lift" by Kelly Corrigan); it can be eye-opening to a man to try and experience life from a woman's, wife's or mother's perspective.

This book, however, spoke down to me regarding religion, beauty (inner and outer), and what women want. The author is not stupid as expressed through her word usage and approach to this book, but she preaches to her constituents as if they are, which is all the further demeaning. I know I'm out of the target demographic here, so my opinion should be null and void, but I would be remiss if I didn't point out that what could have been poignant and engaging ends up being just more makeup to dress one's feelings in and ultimately feel pretty over. A total miss.

Georgia Herod says

Angela Thomas asks the questions that lurk in every woman's heart, beginning with "Do you think I'm beautiful?" Her thesis is that God creates every woman beautiful, but because of life and the inevitable brokenness that comes, we choose to focus on the lies rather than God's Truth. Using the metaphor of life as a dance, she goes on to address the heart issues women face

While we may think that Cinderella stories began with Walt Disney, Thomas takes us back to the Bible and God's initial plan for us. He has created us in His image; He has chosen us; He loves us--and He asserts that as King He desires (is enthralled by)our beauty (Ps. 45:10-11).

Thomas writes, using humor, personal anecdotes, and vulnerability as she addresses issues related to our identity. While the book is very readable, it is also challenging and searching.

Gina says

This book really opened my eyes to how narrow my view of God's love for me was. Angela Thomas' idea may not resonate with everyone, but it spoke directly to my soul.

God's love is so all-encompassing that he doesn't just love me as his little child, he also loves me like Prince Charming loves Cinderella.

Great book about womanhood and a woman's relationship with God.

Liz Kahle says

I've had this book on my shelf for about 12 years. I attempted to read it in my early 20s but truthfully, I just didn't resonate with the author's style and depiction of women. So I put it down.

I read it through recently and in my mid-30s, I still do not love this writing style. But, I will say that Angela Thomas probably does speak to most women's heart questions and internal journey. I think most women would appreciate this work on some level.

I do think her thoughts on intimacy with Jesus and the struggles entailed in this specific relationship are fairly accurate.

I think why I didn't love this book is that I found it wasn't especially brave. Through a strong overuse of metaphor and a string of questions posed throughout, there wasn't a whole lot Angela said about herself that was concrete and relatable as I wasn't sure what she was revealing about herself. While I can respect a woman's need for privacy, I think there were points she could have led through deeper transparency as often, women do hide themselves for fear of rejection, criticism, and condemnation. Having women take the reigns and lead through healthy transparency is what our culture, and more so our churches, need.
