



Floyd Cardoz: Flavorwalla: Big Flavor. Bold Spices. A New Way to Cook the Foods You Love.

Floyd Cardoz, Marah Stets

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In Floyd Cardoz's native country, a *walla* is an expert at a specific task. In *Floyd Cardoz: Flavorwalla*, readers will learn that Cardoz's specialty is taking ordinary foods and amplifying the flavor into something more distinct and ultimately more special than you've tasted before. The simple addition of mustard seed and lemon makes grilled asparagus a revelation; slow-cooking salmon with fennel and coriander takes it to another level. But this husband and dad has the same challenges we do when cooking for our families, for guests, and for special occasions. In *Floyd Cardoz: Flavorwalla*, he's presents the recipes he cooks at home where even the simplest of foods—eggs, steak, and vegetables—benefit from his nuanced use of spice and simple yet impeccable techniques. With a spice guide that includes Cardoz's go-to spice combinations for fish, chicken, and vegetables, plus more than 100 recipes, among them Grilled Lamb Shanks with Salsa Verde; Shrimp with Spicy Tomato Sauce; Basmati Pilaf; Roasted Cauliflower with Candied Ginger, Pine Nuts, and Raisins; and Grilled Pineapple with Cracked Black Pepper.

Floyd Cardoz: Flavorwalla: Big Flavor. Bold Spices. A New Way to Cook the Foods You Love. Details

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From Reader Review Floyd Cardoz: Flavorwalla: Big Flavor. Bold Spices. A New Way to Cook the Foods You Love. for online ebook

Beth Lequeuvre says

A wonderfully thorough introduction. Beautiful photos. Lots of variety. Great cookbook. Cover art was a little bland for a book about spice.

Michelle says

Well. There were interesting recipes here and I liked the written commentary. I wasn't expecting a veg cookbook. But there was so. much. meat. Sigh. Anyway. Carnivorous types would probably like it even better.

Elizabeth says

I learned how to make mashed potatoes by boiling them in milk & butter. SO EASY. SO GOOD.

Lisa Boyd says

This is a book full of awesome recipes that are not seen in many cookbooks. I really appreciated the introduction and the explanation of the warming and cooling spices with flavor blending as I am not skilled in spices. I really think that there is a lot of text in this book but the recipes seem very easy through they sound a bit scary to a novice cook. The cover is not very good in my opinion. I hope to see that changed so it gets more circulation.

Barbara says

I enjoyed looking through this book. Will I make any of the recipes? No They are very heavy with Indian spices and just not for the everyday cook. I would love to have someone make me some of the recipes.

Tamsyn says

I love the mix of flavors in this book -- lots of Indian, but also Mexican and other appealing combinations. So far, I have tried two cocktails (especially like the Tamarind Margarita), but will be trying a lot more in the weeks to come -- Shrimp Curry with Cauliflower is high on my list. I also hope to try his restaurants in NYC and Mumbai!

Beka says

Beautiful, beautiful pictures and yummy looking recipes.

Eh?Eh! says

I just didn't like this book. There wasn't a coherent theme and all this splashy pronouncement of flavor and spices...not really fulfilled. The recipes themselves were kind of blah.
