



## **Seeing in the Dark: Myths & Stories to Reclaim the Buried, Knowing Woman**

*Clarissa Pinkola Estés*

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Buried into all of us is what Dr. Clarissa Pinkola Estes refers to as the one who knows the instinctive, intuitive nature. This, she teaches, is the source of creativity and understanding that lies out of sight in darkness, often called the unconscious. On *Seeing in the Dark*, we join the esteemed Jungian psychoanalyst and bestselling author to learn how to perceive through the eyes of the soul as well as through the eyes of the ego. This dual way of seeing, being, and acting, Dr. Estes explains, is the most direct way to reclaim the gifts of the healing apothecary set into each soul at birth. On two CDs of empowering insights, special blessing prayers, and original stories told here for the first time Dr. Estes inspires us to find our one-of-a-kind voice and trust in our ability to see beyond the obvious, to see beyond the cultural, as she introduces: The Fire Owl an all-new tale about reclaiming the fire of enthusiasm when others would try to steal it away The Corpse Bride an all-new story about the hope which cannot die and the power of redemption The Erl Konig, The Rebbe in Prison, The Man Who Sought Treasure Afar, and more We are weakly linked or else severed from the wild and wise self, says Dr. Estes. Yet, deep creative life is informed by the realm of mystery, dreams, sudden knowings; the shadow. *Seeing in the Dark* is an inspiring call to mine the raw gems of spirit, soul, and creative life again, or for the very first time. Note: Portions of this program excerpted from the full-length audio course *Mother Night*."

## **Seeing in the Dark: Myths & Stories to Reclaim the Buried, Knowing Woman Details**

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## **From Reader Review Seeing in the Dark: Myths & Stories to Reclaim the Buried, Knowing Woman for online ebook**

### **Nikki Coffelt says**

PHENOMENAL. Estes is truly a breathtaking and exemplar human being and-- in a world sorely lacking such-- a true elder. The kind I want to spend long hours listening to, baking for, doing nice deeds to show my appreciation... you know, the archetypal grandmother. This compilation of accumulated wisdom and Old Stories so artfully woven together in her typical fashion truly shines a spotlight on Estes as the unmistakable truth-teller, healer, and Wise Woman that she is (among so many other things!). She is an astonishing storyteller (coming from a still-intact lineage of oral tradition!) and I would **\*\*highly\*\*** recommend locating the audio book and letting her whisk you away to magical lands TONIGHT... I know I can't WAIT to move on to "Women who Run with the Wolves" as I finally see what all the BUZZ is about!

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### **Meredith says**

I have this CD from Sounds True. I adore Clarissa Pinkola Estes. Her voice soothes me and her approach to the inner workings of the soul are so lovely and unique. She is a really pioneer spirit, very imaginative and she brings me a lot of juice in regards to my creative process and inner life. I listen to this when I want inspiration again, and also when I am feeling low self esteem due to feeling misunderstood. She helps me stay focused on myself and my journey and not worry about who is saying what about it. also, those parts of me that want to judge my process as well. She reminds me which voice to listen to and what's most important to keep uncovering in myself.

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### **Chelsea Post says**

I love listening to this audiobook as I relax before sleeping. Dr E's voice is beautiful and soothing and the stories are balm for the pained soul. Wonderful for healing stresses and pressures from the external and internal worlds alike. Spread the word.

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### **Pamela says**

Inspiring, helps me reclaim my creativity when it feels like I've lost it.

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### **LemontreeLime says**

This is a quick audiobook, with a very talented storyteller covering the subject of the things we lose ourselves in, or what makes us lost. I appreciated her sincerity and her fervor.

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## **Yvonne says**

More folk tales related to the psyche by Dr. Estes. Book on CD.

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