



Rebuilding the Foodshed: How to Create Local, Sustainable, and Secure Food Systems

Philip Ackerman-Leist

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Droves of people have turned to local food as a way to retreat from our broken industrial food system. From rural outposts to city streets, they are sowing, growing, selling, and eating food produced close to home--and they are crying out for agricultural reform. All this has made "local food" into everything from a movement buzzword to the newest darling of food trendsters.

But now it's time to take the conversation to the next level. That's exactly what Philip Ackerman-Leist does in *Rebuilding the Foodshed*, in which he refocuses the local-food lens on the broad issue of rebuilding regional food systems that can replace the destructive aspects of industrial agriculture, meet food demands affordably and sustainably, and be resilient enough to endure potentially rough times ahead.

Changing our foodscapes raises a host of questions. How far away is local? How do you decide the size and geography of a regional foodshed? How do you tackle tough issues that plague food systems large and small--issues like inefficient transportation, high energy demands, and rampant food waste? How do you grow what you need with minimum environmental impact? And how do you create a foodshed that's resilient enough if fuel grows scarce, weather gets more severe, and traditional supply chains are hampered?

Showcasing some of the most promising, replicable models for growing, processing, and distributing sustainably grown food, this book points the reader toward the next stages of the food revolution. It also covers the full landscape of the burgeoning local-food movement, from rural to suburban to urban, and from backyard gardens to large-scale food enterprises.

Rebuilding the Foodshed: How to Create Local, Sustainable, and Secure Food Systems Details

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Teshome Meharu says

I could access this book!

Bre says

This book summed up my thoughts on food and farming in a more coherent manner than ever I could have, and with a good many more statistics than I would have researched on my own.

"...If you eat, you really should read it" - from the back cover

Roberta says

Philip Ackerman-Leist steps up to the Sustainable farming he lives, teaches and encourages others to grow into and support. In many ways, it is a textbook for serious farmers and an educational resource for anyone concerned about their food source and why it is important. Additionally, informative for communities planning to begin a community garden.

heather utah says

love the humour thrown in with some rather serious tales and stats. i have a ton of homework to do!
