



Dr. Susan Love's Breast Book

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Recent research is rapidly changing the diagnosis, treatment, and outcomes of breast cancer. Just as women afflicted with or worried about breast cancer have turned to the earlier editions of Dr. Susan Love's guide for the soundest, most supportive advice, once again they will find all the help they need in this new edition. From guidance on screening techniques and benign disease to comprehensive and heartening advice on living with breast cancer, Dr. Love's book will be a priceless help to recovery on every level, medical, practical, and psychological. Once again readers will lean with gratitude on the extraordinary empathy and expertise in the book that *Newsweek* called "One of the most complete and trustworthy books ever published on breast cancer."

Dr. Susan Love's Breast Book Details

Date : Published September 7th 2005 by Da Capo Lifelong Books (first published 1990)

ISBN : 9780738209739

Author : Susan M. Love , Karen Lindsey , Marcia Williams (Illustrator)

Format : Paperback 640 pages

Genre : Health, Nonfiction, Reference

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From Reader Review Dr. Susan Love's Breast Book for online ebook

Amy says

They don't refer to it as "the Bible for women with breast cancer" for nothing! Dr. Love deciphers difficult concepts, clearly explains risk (which I would venture to say 99% of society does not understand), and offers detailed information on the most recent studies (including the problems with each study and also discusses studies currently being done whose results will help answer currently unanswered questions). A great resource for every step of the journey from diagnosis, to surgery, to treatment, to the important 5 year milestone. Buy the book for anyone you know who has recently been diagnosed with breast cancer and prepare to dog-ear and highlight your way to becoming an expert.

Joann says

This is the most comprehensive and educational book I have ever read on diagnosis and treatment particles. I read the book as soon as was diagnosed and this helped immensely. There were no surprises and I had time to absorb the information before having to deal with it. I have leant my book more times than I can remember over the last 17 years. If you, or someone you love is faced with this battle, you must read this book.

Julie Laporte says

Read this one cover to cover, including the parts which didn't apply to my situation, just to get a comprehensive overview. To be used as general information....managing the specifics of your own case are for a different book. After reading this and supplementing with more specific info on the Internet, I was able to communicate effectively with my "team" and ask relevant, important questions which resulted in making the best decision for me. Don't forget to balance your information gathering with soul-searching as well.

My husband also listened to key chapters in the audio version, which empowered him and spared me from having to explain basics to him.

Km says

I am reading the sixth edition, and I would recommend that only the most recent edition be used as a resource.

The book is my go-to book, and I reference it continuously. It is well-organized, and the author writes with depth of knowledge, empathy, and a frankness that caring physicians bring to their practice.

It would be a very thoughtful gift for anyone who is personally impacted by breast cancer.

Karen says

Every doctor I saw told me to buy this book. At the Seattle Cancer Care Alliance, they'll give you a copy to borrow if you need one. I brought this with me to every appointment, used it to decipher every pathology report, and read some parts over and over again. Every woman should have this book-- doesn't matter if you've had cancer or not.

Melissa B says

Very comprehensive. Anything anyone wanted to know about breast cancer. I am a survivor, and found a lot of information in this book that was useful. It was long, a bit intimidating to begin with, and might be easier looking through the table of contents and finding what you might need there.

It was user-friendly, and doesn't speak to the lowest-common-denominator. The author assumes the reader is intelligent enough to understand her words.

I recommend it to anyone with a first-hand knowledge of breast cancer, or to caregivers and families.

Nick says

I hope you never need this book for the reason that I did: a loved one was diagnosed with breast cancer. But if you do, get this book and read it, use it, and keep it handy. It's a godsend for de-mystifying a horrible, frightening process. Dr. Love is clear, up to date, sensible, kind, thoughtful, and even has a very gentle sense of humor. All of those qualities are necessary when you're faced with cancer. This book will help.

Brenda says

Fantastic resource if you have breast cancer. Easy to read and a great resource to refer back to.

Chickenlips422 says

Wish that there was a separate section for women of color-such as noting the subtle differences---do not get red dots after radiation, but black dots Really appreciate that this edition is totally rewritten to include the new research about DCIS and to highlight the collateral damage that has not been spoken about, which the author, Susan Love discovered with her own diagnosis. Book continues to be a bible for women with breast cancer.

Kat says

My mother has survived breast cancer twice. Twice. My family has survived breast cancer twice also. I still remember watching my mother emerge from a shower - I was sitting on her bed talking to her and the light hit her breast and I saw the color and the texture and something just resonated in me that something wasn't right. I was right and that began the journey to mastectomy. I hit the books, hit the internet and became as informed as I could so I could be the help my mother would need and Dr. Susan Love was a godsend. I remember going to her website and looking at the pictures of mastectomies so I could know what I was going to have to look at on my mother. I also knew that my face would tell her so much and I wanted my face to be real, informed, loving and complete in its non-verbal message of acceptance. I am a firm believer in the truth and if I know what to expect I can face anything. Truth really does set you free. It was there in full color - I will never forget the picture slowly emerging from the bottom up. (downloads were slow then!) and voila, there was this 40ish woman in jeans and bare from the belly up and she was beautiful and grinning and breastless. It didn't matter - she was radiant with the healing. For that one image, I am grateful to this informed doctor for her empowerment. We went, we fought the cancer and we, as a family surrounded our mother with love abundant. She survived one surgery and then found, through the fingerprint test on the other breast that she needed a second surgery. Again, the book, the answers and the guidance through a gifted physician's insights and compassion. Highly recommended.

Chanequa Walker-Barnes says

This book is hands-down the authoritative text on breast health. It begins with an explanation of breast anatomy, providing information that women should, but don't, know about their bodies. The remainder of the book is focused on problems that can develop with the breasts, with a significant component devoted to the etiology, diagnosis, and treatment of breast cancer. Dr. Love manages to distill this information, which can be technically complex, in language that is accessible to non-scientific types. Her aim is to provide clear information that individuals can use to make decisions about treatment options. In particular, she is concerned about the medical establishment's tendency to over-treat breast cancer. However, she doesn't tell readers what to do. Instead, she lays out the information and options so that readers are equipped to talk with their doctors and make informed decisions. She also provides information on external sources of support and information. As a breast cancer patient, this book has been invaluable in helping me make treatment decisions.

Nicki Kyle says

This book is GREAT for all women, not just those diagnosed with Breast Cancer. There is alot of information on how the breast develops, to the MYTHS of "Fibrocystic Breast Disease". It even explains breast feeding, pros and cons of breast enlargement, and augmentation, etc. Very Informative!!

Shauna says

I read this shortly after being diagnosed with breast cancer. I was in my final year of college and one of my Spanish professor's loaned it to me. Very helpful and informative. I recommend it to anyone who is recently diagnosed with any kind of cancer.

Laurie says

A must read for all women, and an excellent reference for those with questions. It has helped me to know that my Mom's doctors are on the right track with her treatment, and gave me the tools to ask the right questions.

The book is updated every five years, so make sure you read the most up to date version for the latest in science.

Also check her website: <http://www.dslrf.org/index.asp>

Karen says

* 40 Books to Read Before Turning 40

The manual for making your first four decades the most joyful, wise and stress-free of your life.

This 752-page tome tells you everything you need to know about your mammary glands, including new research about the ways that local environments influence the odds of your getting breast cancer.
