



When Nobody'S Home:: Reveal and Heal the Missing Pieces of Childhood Trauma and Painful Experiences Break the Cycle of Dependency

Michael S. Oden M.A.

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...sometimes we need to go through the darkness to get to the light and that it may be emotionally painful... the Needs Based Method of [overcoming] alcohol and drug abuse, and how Oden deals with the why dependency happens. Many can benefit from Odens eye-opening and highly successful method. the emotional, physical, or social absence of or neglect by a caretaker, or when nobodys home.

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