



The Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose

Robert Pagliarini

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You sleep (hopefully) for 8 hours. You work (at least) 8 hours. What are you doing in those remaining 8 hours of your day, and more importantly, what are the other 8 hours doing for you? To the bleary-eyed worker who doesn't have time to stop and catch his breath, the idea of having 8 hours may sound absurd. If that's you, this is your wake-up call. THE OTHER 8 HOURS provides a blueprint that will help you carve out more time in your day and find the inspiration to spend that free time in a more productive way. Whether you want to pay off debt, make more money, start a business, develop a hobby, write a blog, or write the next great American novel, Robert Pagliarini will get you closer to living a richer, more fulfilled life. In THE OTHER 8 HOURS, you'll learn how to:

- GET MORE TIME: Chances are you are overworked, overscheduled, and overstressed. There's too much to do and not enough time. You can create *hours* of additional free time you never knew you had.
- GET MORE MONEY: Traditional financial advice has likely left you frustrated and stuck. Pagliarini introduces new, highly-effective yet unconventional strategies.
- GET A LIFE: In order to "get rich" you have to "get a life." The other 8 hours ultimately determine your happiness and net worth.

With anecdotes and inspiration from many who have taken control of their other 8 hours, plus hands-on tools for getting started, minimizing risk, and maximizing success, you'll discover new ways to radically improve your life both personally and financially. Isn't it time to recapture your time and your life?

The Other 8 Hours: Maximize Your Free Time to Create New Wealth & Purpose **Details**

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Sandra says

Wonderful!!! It's not often that I find a self-help book that has great advice from cover to cover. Pagliarini gives great, relavant tips for maximizing my free time. I found this book to be inspiring and it has renewed my enthusiam for life in general but also my day-to-day activities and how to maximize my time.

Julia says

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Itasca Community Library says

Tuki says:

This book will be meaningful to those who feel they're just not living up to their full potential, that they can do more. "The more" can be anything you want it to be, losing weight, making more money, or living a more purposeful life. The "8" hours that the author speaks of is of course hypothetical as most of us who work full-time don't have eight full hours of free time but basically the author makes you question how you spend your free time. If your objective is to be more productive he makes suggestions on how you can free up some time for yourself. There were parts of the book I skimmed over (section on starting a business) because I didn't feel it applied to me but I still got a lot out of the book.

Beth says

This book was OK - I would have given it 2 1/2 stars if possible. The author talks about maximizing the "other 8 hours" in your life - the time you have to yourself (assuming you work 8 hours per day and sleep 8 hours per day). He encourages readers to pursue their dreams and use this time to make them happen - whether that involves pursuing education, a business, or just re-prioritizing your time to use it doing what you want. He has some good suggestions for getting rid of low-priority tasks ("life leeches"). He makes the case that you won't get ahead or do what you really want to do if you just follow the path of least resistance or veg out on the couch. The book was a bit too rah rah for me, and frankly I want time to hang out on the couch, but it might be good for someone who feels like he/she is in a rut and offers practical suggestions for setting and pursuing new goals.

Christina says

While this isn't the most inspiring self improvement book I've ever read, I will say it is full of resources, helpful information and is up to date in technology. A must read for any entrepreneur or someone looking to earn a little extra income. The last third of the book is about making change happen, and it's a bit generic but a nice fit.

Amanda says

I found parts of this book useful and interesting. It made me really want to identify my life's leeches and find ways to create a more meaningful life but like most of these books, the ways to make money are too far fetched for the average joe. I guarantee that most people are not making thousands off their blogs every month. The other get rich ideas are equally unattainable for the average person.

Emily says

Somewhat annoyingly optimistic and rah-rah-you-can-do-it! in tone, this book actually does have some useful nuggets. The general premise, that it is in the "other 8 hours" when we're not working our 9-to-5 or sleeping that we can really make something of our lives and get ahead, rings true. But some of the suggestions for application were lacking or far-fetched. As a SAHM, I certainly don't have a 9-to-5 job and I'm not sure exactly where the "other 8 hours" come in for me. There are occasionally brief interludes of quiet scattered across my day and if I'm lucky a couple of hours between my kids' bedtime and when I hit the sack. I guarantee that doesn't add up to 8 hours. Yes, there are "LifeLeeches" I can trim out of my daily schedule, moments when I am not as productive as I could be. And I can follow his logic that being a "Cre8tor" rather than a consumer is how to build wealth and find satisfaction. *Sidenote* I find these invented terms rather irritating and gimmicky, but I suppose it helps provide sticking power. *End sidenote* But on the whole, I struggled to see how to implement most of his suggestions. And the sophomoric humor sprinkled throughout got really old after a while.

There are lots of references and resources, including companies that could prove useful, and I understand his website has current and updated information as well. Probably a good motivational book for those who need some inspiration and guidance on how to make the most of their downtime (hint: turn off the TV!) and the encouragement to try something new, even at the risk of failure.

For more book reviews, come visit my blog, Build Enough Bookshelves.

Susan Kendrick says

There was a fair amount of content in this book that didn't apply to me, but I still enjoyed reading it. I find productivity books invigorating. Probably if I stopped reading them so much and instead actually DID something they would be even more effective, but hey, we've all got our struggles.

Septiara says

That was inspiring book, how you deal with time? Could you control them?. It made me to try to be more productive person. Unfortunately, I got this book in Bahasa edition, and sometimes i did'n get the idea-in some sentences because the translating were lil bit confusing. Overall I got the idea and I think this book was pretty-insightful!

A must read! i'm sure that'd be useful :)

Merlyn says

#Indonesian version#

I decided to not finish this book. I assumed this book talks more about how we manage our time. Overall, this book suggests us to consider working online (whether as online seller, blogger, and so on) or another job that can we do in short time. I am never be into finance or business books, so maybe that is why I do not have passion to finish this book. In sumarry, this book explains to us that do not underestimate the other 8 hours that we have. Sometimes we only use this time by chating, browsing something instead of taking course or doing business. If we commit to do business in this 8 hours, we need to work with your spouse, so this work is not only yours. It is for your family purpose. We include our partner to giving the ideas and make sure we do not ruin some quality time with them.

Here are several important points that I can take from this book.

1. Kinds of jobs to fill our 8 hours (p.74-78)
2. A zombie of life: if we are helpless in one area, it could viral to another area of ourlives (p.21)
3. Questions to help us to be more creative (p.147)
4. If your job does not have a good prospect, you need to learn something new to get prospective job. This prospective should be something that you like.
5. Instead of taking a university, why don't you take a short course? To improve your skills. It is way easier, shorter, and cheaper. Skills that we can acquire shortly are data entry skill, customer service skill, medical debt collector skill, lawyer assistant skill.
6. Tell your HR manager about your side job and make sure your side job does not decrease your work performance (p.66). Also, make sure your side job is different field than your main job.
7. Do not take advantage of your office facility for your side job.
8. How should we do towards our unsupported partners when we get a new job (p.172).
9. Calculate the percentage of commision (p.189)
10. How to limit the risk (p.214)

11. Significant others and talent are not enough to sell our products. We have to make sure our products are what people want (p.225)

Harry Roger Williams III says

There was some familiar material here. I loved the title of Chapter 11, "Stop Talking and Start Getting," but could pretty much recite verbatim the "pot roast story" he opens it with. He makes good use of it though, to contrast habits that drain us with the power of creating new habits that can take us to another level. Mark Joyner and Steve Chandler are not listed in the Endnotes or the Index, but I can hear them speaking in the background. Seth Godin and David Allen too. All are favorites of this self-help non-fiction junkie. If those aren't familiar names, you might do well with any of them, or go ahead and enjoy this one. It is very practical and down-to-earth. Pagliarini gets extra credit for admitting, on page 237, "...it's harder than we think... It might not be popular to admit this, but our natural response is to decay." Ouch! But then he goes on to show how and why it does not have to be that way. There may be a bit of a generation gap between this self-help reader and this author: Earlier today I wanted to be more energized while working, so I played some Vivaldi and Bach. Pagliarini says "If I crank up... anything by Nirvana... I can't help but get a boost of energy." Then again, I can get cranked up playing "Live at Leeds" by The Who, but I wouldn't be able to channel the energy into writing or planning projects the way I can while listening to baroque compositions. Sorry, this is supposed to be a book review, not a music blog.

Bryce says

I really enjoyed some of the points this book brought out. I think he focuses too much on getting money with your Other 8 Hours, but perhaps he figures he may not be qualified to help as many people in the areas of family, church, and so on. Still, a great book with some interesting points that I need to be reminded of periodically.

Dan says

This is a very fast read. If you are looking to be more productive in the time you aren't at work, this book helps you find ways to carve out the time. The book is pretty straightforward and is creatively marketed – people who control the time they spend out of work are called “Cre8tors” an allusion to the title of course. The first chapter is slow, spending too much time selling the reader on the value of the “other 8 hours” (if you are reading the book, you already get it) but the book moves on from there. The best thing about this book is how little of those “other” hours it actually takes to read. I liked how each chapter starts off with a story, but at least two of the stories I'd heard before or read recently elsewhere. (A story about a Harvard MBA and a Mexican Fisherman is quoted verbatim in “The Four Hour Work Week” and likely elsewhere). This is an easy read, but I enjoyed it.

Betsy says

I found this to be a very inspiring book, focused on how to use the 8 hours of your day when you're not at

work and not sleeping to pursue your dreams. It really made me want to quit my job and start my own business, so be careful if you read it! Yes, it has left me a little unsettled in my work life, but it really inspired me to think about business options outside of the 9 to 5. I highly recommend this book (but beware, you might want to switch career directions).

Fullfaun says

this intro was drivel and he uses some quotes-Not many, but I use that as a benchmark. If an author has to quote other people, they are just doing it to fill up their book with other's words.

but the 1st or 2nd chapter- WOW! bulleted list of 5 things you should be doing and it explains why and tells a story of a business person who uses these habits now.
