



# **The Syrup Maze: An Inspirational Journey Through Recovery From a Traumatic Brain Injury**

*Debbie Simpson*

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Michael was in the wrong place, at the wrong time, caught between two cars that should not have been on the road. His mom started a CaringBridge® account in order to communicate updates with family and friends and to give her an outlet through journaling. The Syrup Maze is built around these CaringBridge posts that Debbie tried hard to keep upbeat and positive.

Yes, life can change in an instant, but with change comes choice: choice in how we think, choice in how we pray, choice in how we talk, choice in how we act. And at a time when it was all she could do to put one foot in front of the other, she discovered that, next to God, family was their strongest force. As “Team Michael” they leaned on each other, cried together and yes, even found reasons to laugh together.

The Syrup Maze is an inspiring account of the light that can shine through even the darkest of days. It is a tribute to those who dedicate their lives to saving the lives of others and it is to the many, many angels who presented themselves through this very difficult time.

‘The Syrup Maze: An Inspirational Journey Through Recovery from a Traumatic Brain injury’ was originally published as, ‘The Syrup Maze: A Mother’s Nightmare and the Strength of a Family United.’ This revised edition, published two years after the original book, includes remarkable updates written by both the author’s son and his passenger, who also suffered a traumatic brain injury.

Debbie Simpson, author of 'Adam's Gluten Free Surprise: Helping Others Understand Gluten Free,' also highlights the need for increased education in hospitals and medical facilities in regards to special diets. As someone with celiac disease, requiring a strict gluten free diet, Debbie found the task of feeding herself safely while living at the hospital with her son to be a much less daunting task than overseeing Michael's gluten free diet. Having to step in more than once when non-gluten free food was offered to her son, was inexcusable. Patients who require a gluten free diet – or any special diet – deserve to have their needs met and respected, and they deserve to be fed balanced, nutritious meals while in the care of medical professionals. But, as she discovered, this is not always the case.

## **The Syrup Maze: An Inspirational Journey Through Recovery From a Traumatic Brain Injury Details**

Date : Published February 19th 2016 (first published February 4th 2014)

ISBN :

Author : Debbie Simpson

Format : Kindle Edition 171 pages

Genre : Autobiography, Memoir

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## **From Reader Review The Syrup Maze: An Inspirational Journey Through Recovery From a Traumatic Brain Injury for online ebook**

**Pam McLaughlin says**

### **Wow! Great Book**

This book chronicles a young man's recovery from a devastating car accident that left him with severe physical injuries including traumatic brain injury.

In spite of this, the book is an honest portrayal of family and friends supporting and loving each other through the challenges brought by their loved son's injuries and ultimate recovery. It is predominantly a story of hope.

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**charlene mercer says**

### **Lesson about how to be hopeful.**

Reading this book made me a better person. Story was one that made me want to read more and know more about the people and their lives, after book. The writing made me feel like a part of them. Thank you, writer for sharing, great book, it's what I search for in a book every day.

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