



The Clitoral Truth: The Secret World at Your Fingertips

Rebecca Chalker

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The clitoris has been dismissed, undervalued, unexplored, and misunderstood for hundreds of years, but the truth is out there, and internationally celebrated sex educator Rebecca Chalker has found it. In *The Clitoral Truth*, Chalker offers the only mainstream, in-depth exploration devoted solely to women's genital anatomy and sexual response. Women readers everywhere--be they straight, gay, or bisexual--will learn about the countless sexual sensations and discover how to enhance their sexual responses in a more concrete way than ever before. Enhanced with personal accounts, comprehensive illustrations, and a thorough appendix of female sexuality resources, this book helps women and their partners understand and expand their sexual potential and work toward becoming independent sexual beings.

The Clitoral Truth: The Secret World at Your Fingertips Details

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Author : Rebecca Chalker

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From Reader Review The Clitoral Truth: The Secret World at Your Fingertips for online ebook

Gary says

Enlightening read!

Heather says

This book is interesting in that it tells you how the female anatomy develops from conception and shows that much more than what is thought of conventionally as "the clit" makes up the clitoral system: hello 'taint! It also shows the ways in which male and female sexual organs are related anatomically, which, to me is very interesting. Anyway, if you're into sexuality and understanding the human anatomy and how to give or have better orgasms, then this book has value.

Unfortunately that is only half of the book. The other half is devoted to describing in excruciating detail the author's own new age journey to get in touch with her "inner goddess" including mutual masturbation camp and playing dress-up with sex activist Annie Sprinkle.

Lynn Vannucci says

"An orgasm is like an anchovy, she says, little, long, and very salty." Or, if you prefer, "an exploding watermelon." Chalker is all about sensation - an important book.

HeavyReader says

This book absolutely ROCKS! If you want to learn more about the clitoris (and who doesn't?), read this book.

Olivia says

Yes! Yes! Bathroom reading-thanks Badger.

Tim Jones says

Excellent and highly informative on the true anatomy of the female sex system. Every person should read this book.

Jeffrey says

Rebecca Chalker's establishes an avowedly feminist viewpoint in her manifesto on women's sexuality, a combination of history, anatomy, and self-help, intended to empower women to realize their own sexual potential.

Had I read it when it was published in the summer of 2000, I would have thought her militant anti-patriarchal viewpoint quaint. I would have thought it a product of my mother's generation (which she is) and having just been through eight years of a Democratic presidency and increasing acceptance of LGBT culture, I would have thought this book too old-fashioned, too hostile to modern society which had evolved since Chalker's period of strident activism.

Of course, I read this in 2012. Now the importance of women's reproductive health is apparently up for debate again. While LGBT culture has arguably continued to advance positively, it appears women in particular are being sent backwards. I'm not sure we're back at the point yet where this book will be handed back and forth with hushed tones among confidants, but it's a reminder of the path we appear to be headed down, and that it needs to be resisted.

I won't recommend this book for everyone (shock!). The attempted terminology change, Chalker seeks to expand the term "clitoris" to apply to much of the female sexual anatomy, feels propagandic and offputting. The medical history, while informative, fails to follow-up on the causes of the limitation of information concerning female anatomy, attributing it to sinister forces, and focuses more on the information's rediscovery. The final portion, in which Chalker discusses various sexual health seminars people, primarily women, can attend, gets new-agey beyond the point of reasoned exploration.

That said, for women curious about their own sexuality, this is probably a good place to start. It's not going to tell a reader how to do things, but it does encourage them to start exploring.

Kelly Hurlbut says

Very informative book on feminist theory and the lost history of the clitoris. Diagrams the clitoris better than any book I have read to date. This book is designed to help women break out of the stereotypical male view of sex.

Rachel says

Well, having just read "The Vagina Owners Manual" I will say it was less scientific, but more sensual and erotic. The authors of the aforementioned book would surely disagree with Ms. Chalker about female ejaculation and the G spot, but there's really no point in arguing that!

kates says

A great read! Really, truly. There are parts that feel outdated (it's nearly 10 years after it's original publishing), but these are easily overlooked (and that may just be my reader bias peeking out).

There were some gems that are good for debate and reflection, like: "Sex- how we think about it and how we do it- has changed more in the last three decades than it has in the last four or five thousand years."

I mean, yes. We "know" that. But it's incredible to really sit with that, and take in the enormity of that statement. I'm in awe of humanity.

Clitoratti forever!

Jo (That book-hoarding geek) says

This was a wonderful insight into the world of the clitoris. I stumbled across this interesting little gem, quite by accident, and it has made a solid addition to my already packed bookshelf. This book shows us how, from conception, the female anatomy actually develops, and it shows that there is so much more involved with the clitoris, than some believe, or are even aware of. It also showcases how female and male sexual organs are related, which I found rather interesting, to say the least.

There are some parts in this book that feel incredibly outdated, but considering this was published eighteen years ago, I kind of expected it. This book was designed to enable women to break out of the stereotypical male view of sex, and in my opinion, it helps to do just that. It shows some great diagrams of the clitoris in great detail, and really shows, what is what. I thought the discussion on female ejaculation was highly interesting, as many believe, it doesn't exist.

I love that this book encourages you to love oneself sexually, and dispels the taboo that masturbation is some kind of dirty sin. We like what we like, and we should never be ashamed of that.

Dominique says

Loved it. A friend recommended this to me and I was excited to find it at my library. It was very informative with its scientific facts, myth busting and walks you through women's anatomy with no need of medical knowledge necessary.

The best part about this book was that it encouraged a healthy image of one's sexual self. I felt some much needed liberation after finishing this book. It eradicates shame of masturbation, kinks, or whatever floats your fancies. Sex is a wonderful and essential part of life, after all!

James says

:) Educational, inspiring, unflinchingly feminist. I learned a lot, agreed with just about all of it I think.

Kerry says

While this book has its drawbacks, much of it is educational and thought-provoking. It is definitely written from a feminist perspective, but the anatomical and biological explanations build upon basic knowledge of the female body.

Mayookha Menon says

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