



The Crystal Healing Book

Judy Hall

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Judy Hall, author of the bestselling *Crystal Bible*, offers us a fresh way of looking at 12 master healing crystals in this key to opening your higher awareness.

Crystal Healing looks at seven crystals attuned to the seven chakras (the body's energy centers) and five "master healer" stones that can be used singly or in combination to relieve stress, promote relaxation, balance the emotions, and invigorate body, mind and spirit.

Clear color photographs, along with useful charts, diagrams and grids combine with complete instructions. Special features such as a chart on using crystals for specific ailments make this portable volume a terrific addition to your purse or bed table.

The Crystal Healing Book Details

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Author : Judy Hall

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From Reader Review The Crystal Healing Book for online ebook

Sonee says

Great beginner guide to crystals. Describes how to use them and provides description of 12 “essential” crystals for a starter tool kit. Relates each crystal to energetic, physical, emotional, mental, and health conditions as well as chakras.

Liza Nahas says

I marked this as "finished" but really I keep it as a reference book on my nightstand. This is a perfect beginner's guide to smartly using crystals.

Gemma Venn says

A nice intro to crystals with a focus on 12 specifically. Great for those starting out. Informative without being overwhelming :-)

Shelbyp says

This book has been an absolute pleasure to read. Never once did I feel as though I was reading untrue information to the topic. Recently, I have been researching a lot of things about crystal healing, and this book has contributed a ton of useful knowledge to my research. Crystal energy targets your chakras, body, emotions, and spirit. This book takes you through the connection of it all. The passion I have for crystals is ridiculous. Judy Hall clarified so much in Crystal Healing, I would definitely recommend this good read to anyone seeking enlightenment or balance.

Blecy Ong says

Crystals are healing entities in their own right. They can offer tremendous solace or encourage you on to action. Each has its own properties, vibrations and purpose in healing. After reading this book I must say that the author of this book is very educated and knowledgeable about crystals and healing.

Janice says

This book has so much in it!

Sylwia (Wish Fulfillment) says

I was disappointed by a majority of the beginning of this book, but closer to the end the information provided by Hall was extremely interesting and useful. I imagine that I will be referring to it a lot in the future. I am already excited to pick it up again and be able to dedicate a lot of time to re-reading those chapters that apply most to my interest. I think this book is definitely worth buying.

Vanessa says

Excellent read for beginners simple and informative.
