



Mastering Creativity

James Clear

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Mastering Creativity James Clear

Break through mental blocks, uncover your creative genius and make brilliance a habit.

Mastering Creativity Details

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Author : James Clear

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From Reader Review Mastering Creativity for online ebook

Danielius (Debesyla) says

A bit too short for me. And the idea was... "Just keep creating and sticking to a routine". Huh. Not that amazing.

Joya Cousin says

Favorite quotes:

"You have brilliance inside of you, but only if you can find the guts and grit to pull it out of yourself."

"How do creative geniuses come up with great ideas? They work hard at it."

"Creative genius only reveals itself after you've shown up enough times to get the average ideas out of the way."

"If you want to make a masterpiece, you have to be willing to create a little garbage along the way."

"The schedule is the system that makes your goals a reality. If you don't set a schedule for yourself, then your only option is to rely on motivation."

"Stop waiting for motivation or inspiration to strike you and set a schedule for your habits."

"And as your skills improve, so do your odds of success."

Tehreem Fayyaz says

A marvellous masterpiece, invoked my inner creativeness. A short book based on illustrations from the history, stunning facts about great men who built thier road towards success through remarkable strategies about creativeness. James Clear has clearly clarified all the minute steps to be taken for popping up new inventions in one's mind. The best part of this book was the illustration of Markus' Zusak experience while writing his best selling book THE BOOK THIEF. Really? It was surprising for me that he edited this book 200th times. Looking forward to read his next outstanding showpiece TRANSFORM YOUR HABITS. Overall, loved this one in its simple style.

Tony Lukano says

A short read, but one that takes you to a whole new mindset. Think your efforts are not good enough, or that where you want to go is not reachable, or the journey is hard to start... hold your thought right there, grab this book and start DOING. You won't need any more impetus.

Amany Abdat says

i have been procrastinating all February, today I felt grateful, reading this thirty-something pages of short amazing truths about working our ass*s off is the beginning of me, completing my thesis, in consistency. thank you so much James Clear, for giving this book for free, may your life is as consistent as how you wish it to be.

Shatha Al-Jamhoor says

A short read, after " transform your habits " which I found some ideas repeated..

Harish Sankar says

Small book, but a good read.

Makes you get out of the non-creative rut, and kicks your mind with the idea that creating something is better than waiting to create the greatest thing ever.

Talks of the importance of Systems and Habits to boost creativity.

Recommended to anyone beginning their creative journey- photography, art, business or writing.

Oana says

!"...gradually I discovered the truth: the most important thing isn't to create something world changing, but simply to create. You don't have to build something famous to build something meaningful."

Vytautas says

Talent, luck, and finding your passion are very much overrated.

Predicting your success is not easy, and in the numbers game that success is, the single best thing to boost your chances is to "show up" and do things.

James then talks about how habits and schedules help us get there - by eliminating the waste of time / resources on deciding when and where to work, and "taking the decision making out of [creative work]".

All very elegantly written, and is definitely worth thinking about.

Juergen John Roscher says

Practical advise on how to be more creative. I find James Clear's guidance to be simple and doable.

ZINEB SKARABI says

Such a good book!

Daniel Vasilenko says

So-so. A lot of water about "A friend of my used to do blah-blah-blah, now they do it on schedule and they rock". After this water, the author repeats himself again and sums up what was told above. The raw plot of the book is probably roughly 5-6 pages, but instead, it is 36 pages long, and those were boring to read.

Cássius Carvalho says

Great quick read, with some repeated ideas from "Transform Your Habits", by the same author.

The book focuses on: explaining the consistency you must have in order to create outstanding works, providing a framework for getting things done weekly, showing the power of constraints and rituals, and finally, optimizing your days so you don't spend mental energy on unproductive/uncreative activities.

If I were to summarize the book in two quotes, they'd be these ones:

“Create something small: the most important thing isn’t to create something world-changing, but simply to create.”

“When you master the ability to mindlessly initiate the tasks that are important to you, it’s not necessary to rely on motivation and willpower to make them happen.”

Fai Kavochi says

Most people think that creativity is inborn, but James Clear tells us that genius arrives when you show up enough times to get the average ideas out of the way, even if you don't have it all figured out, you can still embark on that walk. With examples from Men who made it in history, read this book and make it a practice as you journey to your greatness. Next on line is Transform Your Habits by the same author. Looking forward for a great read. Check out another detailed review of the same on <https://faikavochi.wordpress.com/s00>

Charity says

Mastering Creativity really brought up some great points about conquering perfectionism in your work and art. Sometimes, it's easy to feel paralyzed to take action on your craft because you think it might suck. Well, guess what? It's okay if it sucks. You have to do something over and over to master it. The author goes over more detailed techniques in the book about this. I found it very helpful.
