



# Healing and Preventing Autism: A Complete Guide

*Jenny McCarthy , Jerry Kartzinell*

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**Jenny McCarthy-whose bestselling books *Louder Than Words* and *Mother Warriors* told the stories of healing children with autism-teams up with a preeminent autism doctor to write the first book on a remarkably effective treatment.**

In 2006, autism became the leading disorder affecting children in the United States. While diagnoses skyrocket and parents struggle to find help, a group of innovative doctors has been pioneering therapies and treatments that are remarkably effective in healing conditions associated with autism. As word spreads about these incredible discoveries- helped in part by Jenny McCarthy's book *Louder Than Words*- parents are desperate to learn about the biomedical therapies for themselves.

Since early intervention is key to a successful recovery, McCarthy has teamed up with Dr. Jerry Kartzinel, the doctor who successfully treated her son, to write the first book to give parents all the necessary information about biomedical treatment. Beginning with diagnosis, Dr. Kartzinel explains the different therapies that he uses. He shows parents how to make simple changes to their child's environment and diet that can result in marked improvements and are safe and easy to try at home. And finally he explains some of the more advanced therapies that many doctors use today, and the way parents, alongside a qualified medical professional, can determine whether or not such treatments would benefit their child.

For new parents, Dr. Kartzinel provides helpful guidelines on how to best protect their child from developing autism.

## Healing and Preventing Autism: A Complete Guide Details

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# **From Reader Review Healing and Preventing Autism: A Complete Guide for online ebook**

## **Darin Ingels says**

Dr. Jerry Kartzinel is a board-certified pediatrician who has a son with autism and has great, practical solutions for helping families deal with autism and get their children on the road to recovery. A great primer for any parent with an autistic child.

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## **Jostalady says**

I am glad to have this information condensed in one place. I am still getting familiar with approaches for Autism and the ideas around this diagnosis. I am glad this book lays them out so clearly. The supplements section is going to be worth revisiting, and may make owning the book worthwhile.

I agree with other criticisms that they take an overly aggressive stance against doctors. I am sure it is stemming from the personal experiences and one should not expect to find incompetence in every doctor they turn to regarding Autism. There is plenty of humor to combat that negative edge.

When I first read some of the ideas presented in this book, I thought there was no way anyone was really going to these lengths and for sure no one can scientifically back these desperate attempts to improve a child with Autism. I have since seen a lot of support for the gfcf diet, and supplements. I have since listened to an unrelated lecture that went even further off the traditional grid and encouraged using telepathy to reach these children. I am not a skeptic out of the box, but if you are going to lump things together that repel people with things they would have otherwise been open to, who are you helping? I am glad Jenny decided to draw the line where she did, although I am still highly unlikely to go the outer edge measures until I have really exhausted everything.

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## **Marissa says**

This woman knows nothing! You CAN NOT cure or prevent Autism! I have worked with children and teens with Autism for 8 years... What a family needs is a good team of therapists who can help teach a child with ASD how to function to the best of their ability in the world outside of their own. Consult a professional if you think your child may have Autism... Someone with a degree who knows more than a mother that thinks she has "cured" her son.

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## **LilyCat (Agent of SHIELD)-- on hiatus :( says**

Wait a second... isn't this lady, like, a former model who thinks she's somehow an expert on autism and thinks that vaccines cause it? Seriously, WTF. Read a great book debunking "anti vaxxer" thinking and a lot of other conspiracy theories, How to Fake a Moon Landing.

Plus, why does everyone think that autistic people need to be "cured" of their autism? Autism isn't just one kind of syndrome, it's a spectrum with lots of different people. Many people on the spectrum that I've met are some of the smartest, most creative people, and don't need any hogwash "cure" for just thinking differently than other people. Treatment of autism as a disease that needs to be "fixed" is outdated.

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### **Jessica says**

Published in 2009, many findings would now be considered "incomplete" and "inaccurate." I read this book when a student in my class had Autism and his mother requested a read sections, and/or, this book. I now give it 3/5 stars not because I stand with or against any of Jenny's beliefs, but because I remain neutral. Every parent will fight to their last breath for what is best for their child; that is what I believe.

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### **Cecelia Tencza says**

If you want to help a child with Autism see a dr. This woman knows nothing except how to pose in front of a camera.

<http://jennymccarthybodycount.com/Jen...>

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### **Clair says**

There! Is! No! Way! To! Heal! Or! Prevent! Autism!

If you want to "prevent" the onset of autism, like it's this horrible, crippling disease, then you are in no way fit to be a parent. You're the same people who suck their teeth and claim "well, I just couldn't care for a disabled child". You are making a choice to be a parent of a human being, warts and all. Be a goddamn parent. Otherwise, get a puppy or a kitten.

I'm sick and tired of this attitude to the neurodivergent.

By the way, the mercury in vaccines thing McCarthy believes in? Debunked. The stomach issues that tend to peter out as the child develops? Debunked.

Fucking stop it.

signed, a neurodivergent 25 year old.

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### **Amy Duane says**

Completely irresponsible and unfounded. Gah.

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### **Kira says**

This book is the complete encyclopedia of autism and what you can do to take back your child's health. As a healthcare provider myself, I am incredibly impressed with the quality of information in this book, as well as the exceptional manner in which Jenny and Dr. Jerry broke it down and made it easy for the non-medical person to understand.

This book is a beacon of light for parents who are frustrated by the medical establishment, and feel that they are not getting the answers they need or the help their child deserves. You can truly take your child's health into your own, capable hands when you arm yourself with this knowledge.

I began reading it while Lysander was being tested for autism, but it turns out he does not have it, simply speech and social development delays. However, I can imagine this book being a God-send for anyone struggling through autism with their beloved child. Highly recommend!

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### **Emily Brown says**

Not at all respectful of neurodiversity.

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### **Dawn says**

This book was more in depth than the Conquering Autism book, and although I found more things in it that made me stop and think, I also have reservations about it. The give-and-take interview style, and the sometimes condescending tone of the interviews did not work for me. And if you want to convince me scientifically, don't bring God or religious terminology into the text. I think there may be something here, but portions did not work for me at all.

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### **Liberty Abbott-Sylvester says**

Hate Jenny McCarthy...hate her writing even more! Didn't finish.

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### **Alix Oates says**

Read just to see what it said. Couldn't finish it. You cannot cure Autism. Autism is not a disease.

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### **Kristin says**

"Alternative" view of how to deal with autism. You can tell there is an agenda in parts, but I think it brings

up great points that many parents wouldn't think to question (after all, shouldn't your doctor know what is best for your child?). It makes a great point that while we may not understand a disorder, if we treat other issues (eg bowel disorders, which are common in people with autism) then the symptoms may be reduced also. Information/resources is well organized and I could see this being a great resource for parents with a child with autism. Not going to lie, it did make me a little paranoid about all the toxins in the environment (I didn't know some vaccines still had mercury).

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### **Amanda Himes says**

Terrible, unscientific. This woman has no business advising other parents on autism treatments.

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