



How to Find Your Soulmate Without Losing Your Soul

Jason Evert , Crystalina Evert

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ARE YOU A DATE ... OR A SOULMATE? ARE YOU THE FOR-NOW GIRL ... OR THE FOREVER GIRL?

IN YOUR QUEST FOR LOVE, DON'T LOSE YOURSELF ALONG THE WAY.

While navigating through the dating scene, every woman begins to wonder: How do I know when a guy really loves me? Am I being too picky? Do I even deserve love? Is my relationship worth keeping? Is love worth the risk? Are any decent guys left?

Single women often feel left alone to find answers to their deep questions about love and intimacy. Some hang out and hook up, hoping for love. Others are afraid even to hope. At some point, every woman needs reassurance that she and her standards are not the problem. In *How to Find Your Soulmate Without Losing Your Soul*, you'll discover twenty-one strategies to help you raise the bar, instead of sitting at it, waiting around for Mr. Wonderful.

ISN'T IT TIME THAT YOU DISCOVERED A LOVE THAT HELPS YOU TO BECOME YOURSELF?

How to Find Your Soulmate Without Losing Your Soul Details

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From Reader Review How to Find Your Soulmate Without Losing Your Soul for online ebook

Kristen McCormick says

I am a very spiritual person and this book has some good points but the way they refer to being "pure" makes me want to vomit. I definitely agree that the expected sex on the 1st-3rd date makes building a lasting relationship very challenging and people should take some time to actually get to know one another before they make a physical commitment but overall, this book made me want to throw it in the trash and the only reason I haven't is because my mother gave it to me. I find the language judgmental and the "truths" they claim are based off an archaic religious doctrine.

Atlantis says

Self-Help/Inspirational books are probably my least favorite genre because more times than not the person who wrote their collection of tips and inspirations and got it published reveal themselves to be very self-righteous in their motivational tome - "just read my book and you'll be perfect just like me!" (Insert eye-rolling here) But, despite some annoying areas this book did offer some good things to think about and consider with regards to relationships and marriage. It also discusses at length appropriate ways to preserve your purity for marriage and why this is so important in this modern age. I'll definitely let my girls read it-I even highlighted it and made notations. :-)

Larissa says

This book literally changed my life.

Zach says

Truly eye opening.

Katie says

I saw this at church when they were giving out free books and I chose this one. It was decent and pretty well written.

Erin Servey says

Beautiful!

Sarah says

For me, the book was good but for someone who already practices being pure the real home hitters didn't come until the last 40 pages about. But it was still worth reading for those pages and for the other odd tips, advice, and revelations.

Clare says

I am currently reading this book after being given it for Christmas 2012 by a close friend of mine. However, I didn't start reading it until after I got out of a crappy relationship. In some ways, I wish I had read it earlier, but then at the time I was given it, I knew it was going to tell me more than a few things I didn't want to hear.

Jason and Crystalina Evert have clearly spent a lot of time speaking to young men and women and teenagers all over the USA and hearing about their experiences of hook ups, giving your kisses away to the wrong people and trying to stay chaste in a world that think you're a prude if you don't serve sex up on a plate to the next 'walking hormone' that crosses your path.

As the authors are Christian, a lot of the content is related to God and behaving in a way in which you stay true to yourself and your beliefs, and honour Him at the same time. However, there is a lot that everyone (particularly females, as this is who the book is primarily aimed at) could learn from this book if they have made mistakes in the past, stumbled or need a bit of reassurance in their beliefs.

The Everts are straight to the point, and have a lot of great (and blunt!) chapter titles, and draw on their own lives as examples of things that have happened in their past, and how growing a backbone, getting standards and learning some hard lessons are massive benefits in the long term.

To round off, I would say that reading the chapters as and when you need to, rather than reading the book the whole way through in one sitting is a better way to approach it. There is a lot of food for thought in each chapter, hence it being better to read it slowly and think about things.

NB: There are a few typographical errors, although that is likely the fault of the Editor rather than the authors.

Amelia says

I am a Catholic Teen girl and this book helped me out amazingly reevaluating my last relationship I was in!!!! It really makes you think about what you want in your life and how to wait for sex until marriage!!!!

Cat15 says

They have such a strong testimony.

Lauren says

Amazing book! I really enjoyed this read and was amazed at how clearly things were layed out in this book, as well as how relatible it was. I am in my 20s, but I still enjoyed this book, though I do feel like it is definitely geared more towards teens, it doesn't address many of the dating and relationship aspects that relate to those outside of their teen years.

Katelynn Kiefer says

Solid advice. Strongly recommended! Men desire to chase us. Great book for Youth Group studies/Book Clubs! Women desire to be loved for more than just their body. No woman should settle for just " getting by ". The pressure to date in high school is insane and misleading. Clearly defines the difference between infatuation love and TRUE love. Confirms the value of saving sex for husband and wife. Second, why only ONE man will left your veil on your wedding day! Seconds after he claims all you are and will be as HIS WIFE ~ Forever. Parents, affirms the importance of praying for the spouse for EACH of your children. God created love with a purpose.. love is pure! I also promote " Women made New " Videos on youtube.com I will be reading this book again! God bless. U R worth waiting for!

<https://www.youtube.com/watch?v=6Rprd...>

<https://www.youtube.com/watch?v=jJQmb...>

Monique says

This was a good read for anyone who is a spiritual person...And it helps us feel better about relationships and marriage, both males and females...I would recommend this for young adults and teens if they have a spiritual interest as it goes into concepts of abstinence and purity until marriage etc...However, if your a person who loves sex while being single and doesn't really beleive in the institution of marriage this book is definately not for you....But, all and all a solid read...

Nicole says

This was a great book! I would recommend that you read it in a group because I got a lot out of it by being in a book discussion with others. Even though it's aimed at women, there are things in it that men could benefit from as well.

Lindsay Wilcox says

I spent the day today after-Christmas shopping with my mom and sister. I don't see my family very often since they almost all still live in Maryland, so I try to make myself available to them as much as I can when we're together. It seems appropriate for a season like the Christmas season, when we celebrate the birth of Jesus into his human family and the Holy Family as a group (this year, on Dec. 30). Being around family and friends makes me acutely aware of my in-between state in life, though. I'm not married or even dating anyone, and my youngest sibling is 15, so it's extra awkward when my mom gets excited by evidence of Santa's arrival on Christmas morning. She'll have a great time when grandchildren come, but I don't know when that will be.

If you're anything like me, a Catholic 20-something struggling to navigate the gap between your childhood family and the family you may one day build, you can appreciate the lonely, out-of-place feeling that often surfaces this time of year. As Catholics, we are called to practice chastity, grow in holiness, and seek godly spouses, but the specifics can be difficult to understand. *How to Find Your Soulmate Without Losing Your Soul: 21 Secrets for Women* is the latest offering from Jason and Crystalina Evert, noted chastity speakers associated with Catholic Answers. Jason's first book, *If You Really Loved Me*, changed my life when I read it in college. I've reread it since then, but that book is aimed toward a younger audience. Thankfully, as Jason has grown in age and wisdom with his wife (whom he met because they were both chastity advocates!) and four young children, his writing has grown as well. He is now reaching out toward people like me, those who know that there must be something better than the hook-up culture. There is, and this book begins to unpack the alternative.

Read the rest at [Austin Catholic New Media](#).
