



Hand and Upper Extremity Rehabilitation: A Practical Guide

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This practical resource blends the technical and clinical skills and knowledge of hand surgery and hand therapy for the treatment of common medical conditions affecting the upper extremity. Written in an outline format, it covers non-surgical and surgical procedures for these conditions, along with their purpose and rationale. The new edition addresses not only the hand, but also features expanded coverage of the wrist, elbow, and shoulder. Both conservative and postoperative rehabilitation are reviewed, and potential postoperative complications are addressed.

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