



The Red String Book: The Power of Protection

Yehuda Berg

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The “evil eye” — the stare that portends doom — has been noted since time immemorial, appearing in some form in virtually every culture. The sages of Kabbalah understood that seemingly harmless envious glances and looks of ill will are, in fact, anything but benign. These looks focus sinister forces on the object of their gaze, have tangible physical effects, and can actually halt progress toward one's potential in every area of life. The red string has been used for centuries by Kabbalists to counter these dark forces. Worn on the left wrist, the string seals protective energy within while intercepting negative energy from without. This best-selling book, the first in Yehuda Berg's popular *Technology of the Soul* series, explains how and why this simple tool for healing and self-defense has worked for 5,000 years, and in the process gives a simple, clear overview of what Kabbalah is and is not.

The Red String Book: The Power of Protection Details

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From Reader Review The Red String Book: The Power of Protection for online ebook

Dawn says

Yet another gem from mr y. berg
A lovely little book I return to again and again...

Luv it?

Ferki says

La verdad...no me parece nada espectacular, tiene muy buenas reflexiones, pero es lento, tiene muchas (muchas) páginas en blanco con sólo un "hilo rojo"...y un poco después de la mitad del libro, se vuelve sólo un anuncio del resto de los libros que vende el centro de Kabbalah...

Una gran decepción...

Martha says

So tacky. The people who want to adopt including the narrator are so shallow and unfit parent material. I gave up on the book about half way through it was so bad.

Rem says

I dont remember because it has been a few years. I will have to re-read it to give it a fair review.

Evalyn says

My string broke so after having my son tie it.

Dianna Thiel says

Based on the mystical teachings of Kabbalah, the red wool string tied around your left wrist with seven knots reduces your desire to cast an Evil Eye (jealousy) on others and “vaccinates you from the destructive negative forces of the Evil Eye.” The book is 90 pages with lots of white space. Its almost poetic with not much depth. If you’re interested in the deeper philosophy behind the red string you’ll have to look further. But anyone can wear the red string, not just Kabbalists. Seems to bring positive energy. (Contemporary

Jewish practice for good luck.)

I liked the quote, "Before the existence of this physical world, all the souls of humanity dwelt in a reality far more authentic than this one." I find it interesting how people's beliefs are so definite and varied.

Joseph Kubelka says

Too dumbed down to be useful, even for a younger audience or those with no previous exposure to the concepts presented.

Nate D says

A friend's roommate was chucking this out, so I rapidly read it in their kitchen last night. The Kabbalah is pretty interesting, a complex set of interlocked archetypes and symbols, useful for explaining the universe (actual Kabbalists) or for mapping onto other things to extract or multiply their meaning (Thomas Pynchon, 19th-century tarot obsessives, various other literary sources). I don't claim any legit understanding of this stuff, but I love symbology so I poke at it once in a while. Such as just now.

This slighter-than-slight book, however, has really nothing to do with symbology, or probably with the Kabbalah at all. It's pop-mysticism designed to remove all the confusing or arcane bits (the interesting bits) in favor of "results-based technology". Which sounds ridiculous, so then I HAD to see what it was going to say. Essentially:

1. Mercy is good, judgement is bad.
2. When we cast the Evil Eye (ie envy) on someone, we dissipate mercy around both us and them, and judgement moves into the gap. This is dangerous for everyone.
3. Wool string contains qualities of mercy; red is the color of judgement and negative energy. By dying wool string red, we mix judgement into mercy, forming a vaccine against judgement.
4. QED.: wearing red string around your wrist is an inoculation against the Evil Eye. SOUL TECHNOLOGY.

Make of this information entirely what you will.

Derek Folder says

This book attempts to find fault with introspection, reminding the reader that all violence comes from within. Yehuda Berg touches on number & color symbolism to suggest a peaceful existence of non-attachment. I bought my copy from Unique thrift.

Margarita Kraynova says

My mom had this book and I decided to give it a read. Very interesting outlook on life. I definitely like the

promotion of positivity!

Analia Bignami says

wow

Adriana Lema says

Un libro corto, sencillo, básico.

Fácil de entender y leer así tengas conocimientos kabbalisticos o no.

Riobhcah says

A wonderful book from Rav Berg about how we can utilize the red string as a focus of positivity in our lives. I wish everyone in the world would make an effort to put this into practice. The world would be transformed.

Helen says

Interesting introduction in Kabbalah as a technology to get results irrespectively from religion, and giving insight on why we are here, where we are going and what we can do.

Belief in The Creator is necessary, evolutionists are out of luck; also necessary to modify the perception of life in order to attract more good luck and repel bad. Particularly interesting view is that the person can't be judged by anyone, including God, for any actions until they start to judge the others, and not in negative meaning but just incompassionately analyze. Before that I was firmly believing that perception, learning and evaluation of what we met (is harmless, beneficial or harmful for us), is a way of human functioning, not an act of judgment to avoid. I see that as a main problem for implementing what book recommends, the red string remedy doesn't work without adjusting oneself.

What is a red string: simple and powerful protection from evil eye, which is not a superstition, but a very real and dangerous thing, capable to wreck the life. The red string is a strand of red wool, worn on left wrist 24/7, winter or summer, job or leisure, without removing, until it falls off. Note that it will be well visible and job should allow that. After it falls off, it should be replaced by new. The red string should be tied in special way, with prayer said. It is expected that you have the person, you respect and trust, that is sympathetic to what you plan to do, that will tie this string on you and say required prayer sincerely. Another big obstacle, with no alternative provided. (Did I just made a judgment?)

Mindset in provided examples is completely different from what I accustomed to, but if this is a technology that provides results, and desperate times call for a desperate measures, why not? What one has to lose? Worth to try and look deeper into the matter. ...And get a book on traditional Feng Shui, for the same reason.

Richard Curry says

I read the tiny running press abridged version of this book. It provided a cosmological explanation of the universe plus human perception and experience. Life is said to have been configured as a game of "hide and seek" to make life more fun. Described is a curtain of ego eclipsing enlightenment. A passive prayer for light was described to be ineffectual until the person actually went and turned on the provided switch with their own hand. It advised cultivating a habit of resistance to thoughtless reactivity. Also there was a suggestion to use included red string on the wrist to deflect envy and the results of any judgmental tendencies, said to be known as "evil eye". I enjoyed this book and found some value in thinking about the few ideas it presented. It is not a lengthy book. I had it for a couple of years before I picked it up and read it. The technique of the red string would perhaps work in several ways: distract envious eyes, attract attention as conversation piece with friendly people, but also expose one to ridicule (overt or covert) by haughty person who despises what they see as superstition. It seems ANY attractive device or item could be used as a diversion and distraction of malcontents, and attraction of friends. The ideas about ego and reality i think are the really valuable content of this volume, not the stringy prop itself. See above for discussion of the ideas.
