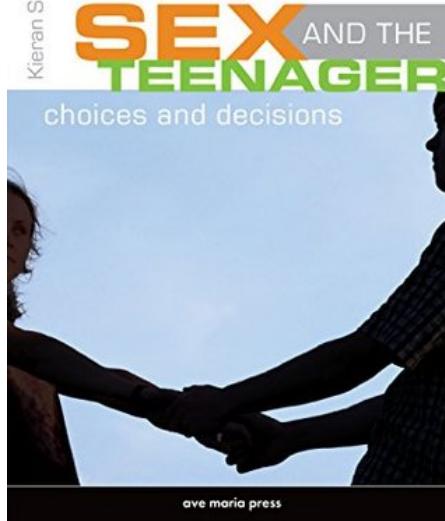


Kieran Sawyer, S.S.N.D.



Sex and the Teenager: Choices and Decisions

Kieran Sawyer S.S.N.D. , Ave Maria Press (Editor)

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Designed for use in a classroom, youth group, or retreat setting, the *Sex and the Teenager: Choices and Decisions* program allows students to feel comfortable talking about and reflecting on sensitive questions connected with their sexual maturing. Rooted in Judeo-Christian and Catholic Church moral teaching, the program has a clear, straightforward goal: to encourage teens to make their own decisions to say "NO" to premarital sexual activity.

The program deals with a variety of topics including: what to do on a date; how to tell the difference between love, infatuation, and exploitation; the risks of teenage sexual activity with or without contraceptives; the necessity of setting personal limits and sticking to them; and many more important topics. *Sex and the Teenager: Choices and Decisions* also helps teenagers become aware of the many difficult decisions they would have should an unplanned pregnancy occur.

Includes discussion and plans of action for dealing with some of the recent challenges in the area of sexual activity now faced by teens, including practices of "hooking up" with a partner with little if any emotional investment and the increase in oral sexual activity.

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