



Integrative Oncology

Donald I. Abrams (Editor), Andrew Weil (Editor)

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More and more people living with and beyond cancer seek integrative interventions to complement their conventional cancer care. This second edition of the highly successful Integrative Oncology provides the reader with the most updated information available with new chapters on Music and Expressive Arts Therapies, Naturopathic Oncology, and an integrative approach to Lung Cancer. Integrative medicine is defined as healing-oriented medicine that takes account of the whole person (body, mind, and spirit) as well as all aspects of lifestyle; it emphasizes the therapeutic relationship and makes use of appropriate therapies, both conventional and alternative. This series grows out of a need to organize and make accessible to clinicians the basic principles of integrative medicine in practical application to common health conditions. Each volume focuses on a particular specialty and features well-recognized and authoritative editors and chapter authors. The text is presented in an easy-to-read format featuring case histories, clinical pearls, and useful tables, with all key information highlighted. Series editor Andrew Weil, MD, is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona. Dr. Weil's program was the first such academic program in the U.S., and its stated goal is "to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without embracing alternative practices uncritically."

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From Reader Review Integrative Oncology for online ebook

Andrea says

Donald Abrams (of SF's Osher Center) + Andrew Weil, whom I've read extensively over 20 years = a combination that's tough to beat in the realm of integrative healing. A hefty book, but it's possible to only read the parts that are relevant to your situation and still get a lot out of it.

Pamela says

I had read so deeply and widely by the time I found this book that I didn't find much new. However, after I read it I had the honor and pleasure of spending an evening with the author and learned that he eats absolutely no sugar and a lives on a completely plant-based diet. That became my take-away lesson. I was also impressed to learn that he follows celestial events around the globe. Inspired. Donald is both SF General and the Bernard Osher Center.
