



The Secret Family: Twenty-Four Hours Inside the Mysterious World of Our Minds and Bodies

David Bodanis

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Ever wonder what's in your morning orange juice -- and what happens once you drink it? Ever think about the millions of bacteria that thrive on your skin, even after a shower or bath? Curious about the effects of dieting on your body, a fast-food meal, or a passionate kiss? The Secret Family provides the sometimes unsettling, always enlightening answers. Full of amazing, full-color photographs that magnify our everyday companions -- from the Vitamin C we consume in the morning to the creatures who share our pillows at night -- and Bodanis's witty and stylish reporting, this is an "inside story" that will appeal to every member of the family.

The Secret Family: Twenty-Four Hours Inside the Mysterious World of Our Minds and Bodies Details

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Author : David Bodanis

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From Reader Review The Secret Family: Twenty-Four Hours Inside the Mysterious World of Our Minds and Bodies for online ebook

Talia Smart says

I didn't finish this book. It was VERY well-written and everything, but there was just too much information and I couldn't take it all in.

Audrey says

Ha ha! This book is AWESOME. A germaphobe's nightmare. You will most definitely find out some things you wish you hadn't.

Ketan Shah says

David Bodanis is an amazing science writer. In this book ,he takes a day in the life of an average family and reveals the science behind their everyday actions.Parents of young children may want to skip the part about what actually goes into baby food. Highly recommended.

Stefan says

Pop-Sci at it best (from the early-Internet era)!? Amusing, engaging, definitely entertaining, albeit a bit outdated, capably edited, microphotographical overview of all the biochemistry activities surrounding an average family's members, with a dash of social stats (some begging for 2nd updated revision), historical references, consumer psychology etc. Sadly (or thankfully as these would probably triple the book weight) references aren't given. Great introduction to Bodanis' writing style, just don't get yourself stuck fact checking ;-)

Tracey says

nonfiction (fictionalized). I didn't care for the writing style--a bit too cluttered/dense for me to enjoy.

Sue Williams says

If you think this is just another biology book or some sort of mystery who done it,you are very wrong. It is actually about all the microscopic beasties living on us and all the microscopic environmental things our

bodies deal with every day. It isn't dry reading. The author has a wonderful sense of humor which makes reading this book a pleasure. It also makes you want to put on a bubble suit to protect yourself from the many things bombarding you every second. But that is silly because most of us do quite well without protective gear. People with decreased immune systems are an exception - you know who you are. I highly recommend reading this book, if not for the educational value, then for the humorously way the author talks about bugs and tiny beasties.

Kaye says

A book that makes you think twice about laying your head on a pillow. :-)

Lia says

I didn't really read the book, but I really love the pictures in this book. It's a hardproof that we're never really alone in this world. Because there are thousands of little creatures that are unseen by our naked eyes that interacts with our everyday lifes
