



SMART Goal Setting Made Simple - 10 Steps to Master Your Personal and Career Goals

S.J. Scott

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DISCOVER:: How to Set Professional and Personal Goals That You *Actually* Achieve

Do you often set goals that you never seem to reach? We're all filled with dreams and aspirations. Most long for fulfilling relationships. Some desire personal freedom. Others want fame and success. And some strive for profitable businesses. Wherever your ambitions may lie, goal setting can get you there.

On the other hand, the wrong goal can leave you feeling frustrated and unmotivated. When you set a goal that's too lofty, it's easy to give up when your dreams don't turn into reality.

We all have important milestones we'd like to reach. The trick is to create a plan and commit to it. Setting S.M.A.R.T. goals can help you do this.

TAKE ACTION:: Focus on S.M.A.R.T. Goals and Get *Real* Results

It's easy to set S.M.A.R.T. goals. Simply write down a desired outcome on a piece of paper and create a deadline for achieving it. The hard part is taking action. As you know, the Internet is full of books that talk about setting goals. The problem? Most don't talk about the daily actions (or habits) required to achieve them.

In the book, "**S.M.A.R.T. Goals Made Simple**", you'll get a ten-step plan for setting and achieving your goals. Unlike other titles, this book will teach you how to turn any idea into an actionable plan. Not only will you get an overview of S.M.A.R.T. goals, you'll also get a blueprint for turning them into daily routines.

DOWNLOAD:: S.M.A.R.T. Goals Made Simple -- 10 Steps to Master Your Personal and Career Goals

"**S.M.A.R.T. Goals Made Simple**" contains a detailed blueprint of how to turn any major life goal into a doable daily plan. You will learn how to:

Understand what makes a good S.M.A.R.T. goal

Identify what you truly want to achieve

Set goals for all 7 areas of your life

Focus on three-month goals that are achievable

Follow 5 steps for turning S.M.A.R.T. goals into habits

Schedule the completion these habits with a weekly review

Use mind mapping to identify every step for achieving a goal

Track the daily progress of your goals

Overcome five obstacles to S.M.A.R.T. goal setting

Review your goals (the right way) and make sure you're staying on track

Stay motivated by using the power of accountability

Goal setting doesn't have to be difficult. You can achieve any major goal by following the right plan. And "**S.M.A.R.T. Goals Made Simple**" can help you do this.

Would You Like To Know More?

Download and start working on your goals today.

Scroll to the top of the page and select the *buy* button.

SMART Goal Setting Made Simple - 10 Steps to Master Your Personal and Career Goals Details

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From Reader Review SMART Goal Setting Made Simple - 10 Steps to Master Your Personal and Career Goals for online ebook

Karen Hodges says

Quick read, the content was simple and easy to follow. There wasn't anything particularly new in the content, but it was a good reminder of best practice when goal-setting.

R. Hill says

Like many of Scott's books this one was fairly clear and concise, although in places it was a bit repetitive. He makes it clear from the start there is no magic formula to achieving your goals and there are no short cuts. It takes hard work and dedication to be successful. This book provides you with a solid general 10 step framework to help get you started. Of all the books available on this topic this is a pretty good one to start with.

Estalin Peña says

Very interesting

It's a very well design guide towards completing goals. Detailing every step you should take for reaching your goals and even telling you how to react if any unexpected thing happens in the way.

Sami says

Thank you

It is really helpful. It has some important and useful points. I recommend reading this book then go to your goal

Denzil Miguel says

Great Step by step guide for creating effective goals

I've known about creating S.M.A.R.T. Goals for a while but S.J. Scott has added so much value to my existing knowledge about setting, achieving, and reviewing my goals. This book is a great resource for anyone looking to improve their life. Having effective goals gives you a North star in your daily grind.

Mind the Book says

Utprovning för Ledarskap & Organisation-kursen. Med tvekan godkänd.

Upphör aldrig att förvånas över hur mottagliga 17-19-åringar är för den här typen av "if you can dream it, do it"-slogans av diverse gurus.

SMART-modellen tycker jag mig känna igen från Per Måhls föreläsningar tidigt 2000-tal. Att ett må(h)l ska vara Specifikt, Mätbart...

Jennifer Lawrence says

Great Action Guide

This book is a great action guide for those who are committed to achieving more. Just follow the steps, get an accountability partner or two, and you're on your way. I will definitely recommend this book to clients.

Arianna says

Simple , Practical & Useful

This book was a short and simple book but it's a step by step guide on how to put your SMART goals into action. I enjoyed it!

Xergio says

A very good little book

Very practical, clear language, and motivational! The book provides a very clear path to set up goals and it seems like a very doable system, not the convoluted program that others offer. It is a very fast read.

Alex says

Very useful condensed information

Very useful, but it was quite repetitive and need be a book at all. There were many allusions to Getting Things Done though, to the extent where I felt like I should have bought that instead.

Teejay says

Some good information if you're new to SMART goals or just looking for a process to move forward with them. Nothing ground breaking here, and nothing that can't be gleaned from reading websites or articles online ... but it's a solid 10-step (plus sub-steps) and a quick and easy read that's worth your time if you're interested in the topic.

Edwin says

Great book

This is a great book to get you started on goal setting. The author uses many examples to show the readers how a smart goal looks which I think is helpful

Greg says

A good, straight forward review of the goal setting process.
