



You Have to Fucking Eat

Adam Mansbach , Owen Brozman (Illustrations)

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From the author of the international bestseller *Go the Fuck to Sleep* comes a long-awaited sequel about the *other* great parental frustration: getting your little angel to eat something that even vaguely resembles a normal meal. Profane, loving, and deeply cathartic, *You Have to Fucking Eat* breaks the code of child-rearing silence, giving moms and dads new, old, grand-, and expectant a much-needed chance to laugh about a universal problem.

A perfect gift book like the smash hit *Go the Fuck to Sleep* (over 1.5 million copies sold worldwide!), *You Have to Fucking Eat* perfectly captures Adam Mansbach's trademark humor, which is simultaneously affectionate and radically honest. You probably shouldn't read it to your kids.

Adam Mansbach is the author of the #1 international bestseller *Go the Fuck to Sleep*, as well as the novels *Rage Is Back*, *Angry Black White Boy*, *The Dead Run*, and *The End of the Jews*, winner of the California Book Award. He has written for the *New Yorker*, the *New York Times*, *Esquire*, the *Believer*, and National Public Radio's *All Things Considered*. His daughter Vivien is six.

Owen Brozman has illustrated for *National Geographic*, *Time Out New York*, Scholastic, Ninja Tune, Definitive Jux, and numerous other clients. He and Mansbach recently collaborated on the acclaimed graphic novel *Nature of the Beast*, and his work has been recognized by the Society of Illustrators of Los Angeles, *Creative Quarterly*, *3x3* magazine, and many more. He lives in Brooklyn, New York, with his wife and daughter, whose favorite food is bananas.

You Have to Fucking Eat Details

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Author : Adam Mansbach , Owen Brozman (Illustrations)

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From Reader Review You Have to Fucking Eat for online ebook

Tabitha says

Any person who has children will likely get a few laughs out of this book and share in the pain of the author who wrote it because they've quite probably experienced very similar thoughts and frustrations when it's time to eat or feed their children. Toddlers and kids can be absolutely impossible when it comes to eating. I really do wonder sometimes how they aren't starving with as often as they refuse to eat. This little picture book with its funny quirky rhymes captures a parent's dilemma perfectly.

Good for a quick five minute laugh and probably best given as a gag gift to a parent not when their child is newborn but perhaps when they are about 2-4years old (maybe give it to them at the child's birthday party as a present to the parent. Lol. I know I definitely plan to.

Mischenko says

Another hilarious story by Adam Mansbach. This one is very similar to Go the F*** to Sleep. Colorfully illustrated and a laugh out loud story.

4****

AH says

11/14/14 - Free audio book download on Audible

This very short little (4 minute) audio book is narrated by Bryan Cranston of Breaking Bad. He captures the true exasperation of a parent trying to get their young child to eat. **You Have to Fucking Eat** is hilarious and something most parents can relate to.

Definitely not for the little ones.

Athena Shardbearer says

You Have to Fucking Eat!

Too fucking hilarious! And Bryan Cranston narrated this one. Giving this one out for Christmas presents. Also, it's free right now till 12/12 on Audible.

<http://www.audible.com/pd/Fiction/Fre...>

Lori says

I held no allusions that it would surpass its predecessor, or Samuel L Jackson's amazing narration, but it certainly held its own.

Petra X says

The first time my son said 'Fuck' he was about three and we were at a very posh cocktail party full of politicians given by his snottiest auntie. Dora wanted me to help out serving stuff and I didn't want to do it. I told Daniel to tell his auntie that I was a bit busy right now. He apparently went up to her and said, Mummy says she's too fucking busy right now. He told someone else that he didn't like fucking meatballs. He said to an auntie with a very hairy chin that his mother said he didn't have to fucking kiss her if he didn't want to, and so it went.

Neither his father nor I were aware of any of this until it was time to go and I told him he couldn't stuff his pockets with all the sweets from the candy dishes and he shouted loudly "I fucking hate you". WHAT!?!?!!? Dora came over and told me what he'd said as did several other people, everyone was mildly amused.(view spoiler)

Almost every parent has gone through something similar to this and it was really very funny although his father and I couldn't show it in front of him.

But it was only hilarious the first time.

So it is with this book. Adam Mansbach's *Go the Fuck to Sleep* was very funny. Yes we all use the word when our kids are really frustrating us and it was funny the first time we read it in his book, but the joke's worn off. Just like it did with my son.

The book was mildly amusing. At best.

HFK says

I really liked the previous book from Mansbach; *Go the Fuck to Sleep*, narrated by the ever awesome Samuel L. Jackson, mainly due to being able to relate to the struggles of getting your kids to go to bed, and fucking sleep. Those damn kiddos just do not appreciate the opportunity of getting enough sleep, something they will start to lack the more older they get. I can assure you, I haven't slept enough since I pushed the first mini-me out of my womb through the lady chunnel seven years ago.

You Have to Fucking Eat is the same joke told twice, but a joke I can't really relate to at all. Surely, my daughter usually protests against my cooking, and she would gladly live with just few of her favorite warm dishes. But, that is just a solid rebellion against the mommy as she has always eaten everything her daycare, and now school, has offered to her plate. So, eventually she will eat, and be happy with it. I do not fight, I do not try and talk her to eat. It is just a simple eat or don't eat. She is not a dumb kid, so she will eat. The boy,

however, eats whatever is put in front of his face without rebellious acts.

I also felt difficulties to relate to "full lunch boxes" as lunch boxes are not part of my culture nor is it a part of our school system where the food is free and given to the kiddos each day in their lunch break.

So, there is quite a lot of things within just 4 minutes I could not relate to thus I could not really find them funny either. Bryan Cranston's audio narration was great but was not able to top Jackson's in any level. Some just say "fuck" like it comes from the soul, like they damn mean it.

Anne says

If you don't have kids will you think this is funny?

Hard to say.

It's basically the companion to *Go the Fuck to Sleep*, which is a tongue-in-cheek bedtime story for parents who are dealing with young children.

Thankfully, all of mine are now old enough that I can actually just tell them to *get the hell in bed and stay there*...Or else.

I no longer have to screw around and be nice about it.

insert evil laugh here

As far as getting them to eat?

Been there. Done that.

And this book brought back all the memories and frustrations beautifully!

I (like the parent in the book) was convinced that if the child in question didn't eat, they'd...well, shrivel up and die, I guess.

Until you're so sleep deprived (see: **Go the Fuck to Sleep**) that you can't see straight, you can't possibly understand the mindset that would allow you to imagine starvation as the outcome of a kid who is just a picky eater.

A picky eater who doesn't actually need *that many* calories to survive.

Seriously.

It doesn't matter that your pediatrician has already told your stupid ass that if the kid gets hungry...they'll eat.

I've done the Food Dance, and it ain't pretty.

Most days, *none* of this MOM crap is very pretty.

In fact, this is much closer to the reality of parenting than any of the **What to Expect When You're...Whatever** books.

But.

Children are worth it.

cough

Really.

I mean it...

Paul E. Morph says

If you've already experienced Mansbach's hilarious 'Go The F--k To Sleep' then this is really just the same

joke transposed to slightly different circumstances. For me, this second book was irresistible, though, as I'm a huge fan of Stephen Fry, and his narration is as delightful as you'd expect.

Taken from my original review on Audible.co.uk

Buddy read with Sunshine Seaspray

Kemper says

Do you want to hear Walter White curse at a child? (And who wouldn't?) Then you can download this from Audible for free now and listen to Bryan Cranston profanely urge a youngster to eat something just as Samuel L. Jackson once begged another kid to Go the Fuck to Sleep. It's as funny as you'd expect it to be.

Agn? says

DISCLAIMER: This is a review of an audiobook.

Adam Mansbach's poem "You Have to Fucking Eat" is a cathartic ode to so many parents who are so damn exhausted trying to make their little ones eat normal meals at normal times. I absolutely loved this grown-up poem because it is hilariously accurate and, even in its explicit version, it somehow still manages to sound cute. And the best part yet: it's brilliantly narrated by Bryan Cranston, better known to many as Heisenberg from "Breaking Bad." Honestly, I like this poem even better than Mansbach's preceding international bestseller "Go the Fuck to Sleep" and I prefer Cranston's narration over Samuel L. Jackson's (Jackson was the voice for the first book).

VERDICT: 5 out of 5

Khanh, first of her name, mother of bunnies says

Sometimes I wish I had children, so I can corrupt their little minds. Imagine the evil little progenies I could bring up, especially when I've tainted them with profanity from the beginning with passages such as these?

Free audiobook here:

<http://www.audible.com/pd/Fiction/Fre...>

Listen to parts of it narrated by Bryan Cranston here:

<https://www.youtube.com/watch?v=I2co-...>

Jason McKinney says

This is as good as the first one; maybe even a teensy bit better. A lot of this is my life!

My favorite stanza:

You're not finished, and no, you can't go to school

In pajamas, a hat, and bare feet.

Whatever, put shoes on and bring me your plate,

My whole diet's the shit you won't eat.

Trish says

The first book by this author is the pretty famous **Go the F*ck to Sleep** that was read by Samuel L. Jackson (who did a great job).

This second book is about children's eating habits (and other things like clothes) and brought to life by the unrivalled Stephen Fry.

I might have missed out on the illustrations (though I know some of them from Amazon's inside look) but the audio version was worth it as I believe it's even funnier this way.

No, I myself don't have kids (yet), but that doesn't mean I don't know about some "difficulties" parents sometimes have to go through when it comes to rebellious kids or kids that are simply tired and uncooperative (no malicious intention necessary). And many parents refuse to just say out loud and in no uncertain terms what the downsides of being a parent can be so the author's contribution is not only hilarious and spot-on but also necessary.

Carlos De Eguiluz says

Sí, tal vez también necesitaba esto.

**"I hope you know it's super-special
To go to a restau— Hey, back in your seat
You shitting me? This whole menu's crap
But a roll on the floor—that you'll eat?"**

??? 2.? says

Here's the follow up to the hugely popular Go the Fuck to Sleep, or what I like to call the Hangover II of audio books. What made the first installments so funny was the fact that they were original. This one, much

like that uninspired movie, simply rehashes the same old script, same old jokes. Hey, let's just slap a new location (problem) on it, and call it good.

Granted, Sam Jackson's reading did add quite a bit to the first book. I mean just the thought of Mr. Mother Fucker himself reading to a child made it quite hilarious in and of itself. Here though, I had to listened to Stephen Fry. Would Bryan Cranston's version have been funnier? Yes, I'm sure it would. How much though, who can say?

Here's some suggestions for the next several installments. Put Down that Fucking Phone. Fucking do Your Homework. Clean Your Fucking Room. Take This Fucking Medicine. Stop Hitting Your Fucking Brother.

Let's have Jerry Seinfeld & Bill Cosby reading. Oh my goodness, two clean comics reading dirty? Hilarious! Instant classics. We'll make a fortune!

Kelly (and the Book Boar) says

Find all of my reviews at: <http://52bookminimum.blogspot.com/>

I know I'm super late to this party, but after spending Thanksgiving in a house occupied by a three year old, I realize there may be no better gift for parents of a toddler than *You Have to Fucking Eat*. It had been a long time since I'd dined with a three year old. You know what they eat? Frosting. Blue frosting. Not the cupcake, not the turkey that has cleverly been called "chicken" all day in a futile attempt to foil their little genius brain. Certainly they would never eat sweet potatoes or stuffing. But they'll eat frosting. You know what good parents do? They let the kid eat the fucking frosting in order to save all the other guests from witnessing the morphing of a perfect towheaded angel into a poster child for Histrionic Personality Disorder.

Watching our friends' kid reminded me of one of my favorite quotes:

"My kid brother hadn't voluntarily eaten in over three years."

If you have kids, are planning on having kids, or will be babysitting a kid you will eventually experience the non-eating phase. You will be **convinced** that the child has Scurvy due to his/her refusal to eat a fruit or vegetable or that you are slowly murdering your child via Goldfish cracker since that is the *only* thing the little bastard will eat without having a total meltdown. You'll call friends and relatives – seek out "expert advice" from various child behaviorists – you'll get *really* close to using extreme measures in order to get some sustenance into this tiny little creature . . .

You'll hit rock bottom on the day you can't even go to ~~super shitty~~ chain restaurants any longer because THE. ONLY. GODDAMNED. FOOD. THE. KID. USED. TO. EAT. IS. NO. LONGER. PALATABLE. TO. THEM.

Seriously – who DOESN'T like pancakes????

They even work as an agent to help get your kid to *Go the Fuck to Sleep* . . .

And then, guess what? One day you wake up and the phase is over and eating with gusto begins again. That's the day you get the bright idea that maybe you should have **ANOTHER** baby.

I'm sure plenty of people will argue that this book is too short and way overpriced, but really? It's pretty much perfect.

Although I'm a paper kind of person, it's hard to resist this story as narrated by "Uncle Walter."

Give it a listen here for free :)

TL says

Slightly better than the his other book...

These are surprisingly addictive :)

Narrator Stephen Fry: 5 stars, love his voice.

Mara says

Currently **FREE** on Audible as read by **Bryan Cranston!!** You Have to F--king Eat!

Publisher's Summary:

*Cranston (Breaking Bad, Malcom in the Middle) follows in the exasperated footsteps of Samuel L. Jackson, giving voice to the long-suffering father whose indifferent child will just not eat in this hilarious follow-up to Adam Mansbach's international best seller, **Go the F--k to Sleep.***

*Mansbach's long-awaited sequel is about that other great parental frustration: getting your little angel to eat something that even vaguely resembles a normal meal. Profane, loving, and deeply cathartic, **You Have to F--king Eat** breaks the code of child-rearing silence, giving moms and dads (new, old, grand-, and expectant) a much-needed chance to laugh about a universal problem.*

Anchored by a hilarious performance from Cranston, You Have to F--king Eat is the perfect blend of talented voice actor and subversive fun that expertly captures Mansbach's trademark humor. Due to its explicit language, you probably shouldn't play this one for your kids. You Have to F--king Eat is available free through 12/12/14.

Chris says

Awesome. Mansbach knows kids, yes he does. This kind of thing brings back memories....

And Cranston as a narrator, excellent. Almost as funny as Samuel L. Jackson was in the first book.
