



# **My Sweet Angel: The True Story of Lacey Spears, the Seemingly Perfect Mother Who Murdered Her Son in Cold Blood**

*John Glatt*

[Download now](#)

[Read Online](#) ➔

# My Sweet Angel: The True Story of Lacey Spears, the Seemingly Perfect Mother Who Murdered Her Son in Cold Blood

John Glatt

## My Sweet Angel: The True Story of Lacey Spears, the Seemingly Perfect Mother Who Murdered Her Son in Cold Blood John Glatt

Lacey Spears made international headlines in January 2015 when she was charged with the “depraved mind” murder of her five-year-old son Garnett. Prosecutors alleged that the 27-year old mother had poisoned him with high concentrations of salt through his stomach tube.

To the outside world Lacey had seemed like the perfect mother, regularly posting dramatic updates on her son’s harrowing medical problems. But in reality, Lacey was a text book case of Munchausen by Proxy Syndrome. From the time he was an infant, she deliberately made Garnett sick to elicit sympathy from medical professionals, as well as her hundreds of followers on Facebook and other social media. When a Westchester County jury found her guilty of killing Garnett in April 2015, she was sentenced to twenty years to life in prison.

Using Lacey’s own never-before-seen Facebook, Twitter, and blog posts, an exclusive prison interview with Lacey herself, as well as interviews with her family and the three police investigators who broke the case, *My Sweet Angel* gives the definitive account of this extraordinary case that shocked the world.

The Lacey Spears story will be the subject of an hour-long special on *Discovery ID*, featuring author John Glatt, and *CBS 48-Hours* is working on a primetime special on the case.

## My Sweet Angel: The True Story of Lacey Spears, the Seemingly Perfect Mother Who Murdered Her Son in Cold Blood Details

Date : Published October 18th 2016 by St. Martin's Press

ISBN :

Author : John Glatt

Format : Kindle Edition 429 pages

Genre : Crime, True Crime, Nonfiction, Mystery, Audiobook

 [Download My Sweet Angel: The True Story of Lacey Spears, the See ...pdf](#)

 [Read Online My Sweet Angel: The True Story of Lacey Spears, the S ...pdf](#)

**Download and Read Free Online My Sweet Angel: The True Story of Lacey Spears, the Seemingly**

**Perfect Mother Who Murdered Her Son in Cold Blood John Glatt**

---

# From Reader Review My Sweet Angel: The True Story of Lacey Spears, the Seemingly Perfect Mother Who Murdered Her Son in Cold Blood for online ebook

## Paris Abell says

The book wasn't very well-written, which why I can't give it a higher rating. At times, it read like the author got ahold of the trial transcripts and just copied and pasted large sections. BUT it was worth the read. It sheds light on this situation and will hopefully save some other child's life.

---

## Videoclimber(AKA)MTsLilSis says

While the case itself was interesting, the writing was very repetitive. This could have been written in half the pages and gained more stars. Lacey is right where she belongs and I hope she stays there. I had no idea salt could be so harmful, some of the doctor's statements were very informative.

---

## Dena says

I've long been fascinated by these trash bags who call themselves Mothers and do this to their own children. This bitch should've been hung, not imprisoned.

The book itself wasn't written in any style other than journalistic, which made it kind of a dull, repetitive read. It's established quite early that the mother is a loony tune who spends most of her time showboating on Facebook.

---

## Karen says

John Glatt is probably my favorite true crime author. He makes you feel like you are right there in the middle of the case.

---

## ♥ Marlene♥ says

This was a true crime where it felt someone was pulling on my heartstrings. Wow so hard to read. I have always "enjoyed" reading books about children who suffer from women with munchausen by proxy. I hate absolutely hate when you read in news articles or even in this case a judge saying the mum **suffered** from this disease. No she did not suffer. Her son did!! This is not a mental illness and it seems people forget that. Glad to read the author has the same opinion and knew what he was writing about.

Now I also have a soft spot for John Glatt because he wrote a book I really liked (Playing with Fire) and then

I began getting more of his books and most I like a lot. I even ordered a few of his oldies and am anxiously awaiting the package to arrive here.

This was a good book although I got a bit sick of all the facebook messages but I am not a big fb fan even though I do have an account there.. I read that now with all the social media easily accessible, the abuse has gotten worse with people that use their children to get attention by making them sick. They love to post all their sad stories so they will get the attention.

What pissed me off were all the people especially the ones who thought she was a munchausen by proxy mum and did not do a thing with it. They all let that poor child down and why did they give him a feeding tube? There was apparently no proof only the words of mum that he needed one. It is true that doctors take the word of mum and dad very serious.

Then she was also a liar but that was also for her to get sympathy.

I said it wrong, she did not want the attention, yes she loved it but she wanted the sympathy and people looking up to her, good mother Theresa.

A few days ago after I finished I looked online and one article had a person saying there was no proof lacey was guilty. No proof? I decided not to engage. Some people do not want to see the truth. Especially when the subject is handsome or good looking.

To me she is scu of the earth. I would have respected her a bit more if she would have been honest but she keeps up the facade of course.

A very interesting story and well written in my opinion.

---

### **RhiaRose says**

The story was very gripping, however, the writing was not. The book read like a collection of cut and paste from social media, interviews, and trial transcripts. The second half of the book, the trial portion, read like a repeat of the first half and had no new information.

---

### **Jlsimon says**

This is perhaps the most heart wrenching true crime book I have ever read. Lacey Spears... I just have no words. It's not that I had never heard of munchausen by proxy but I've never read a case where that was the most likely cause of a child's death. If you have strong reactions to stories that include children I would strongly caution you to be aware that this book is going to strike deep.

In addition to saying that the story is one that is bound to cause the reader an emotional reaction there are a few other points I would like to make.

1. John Glatt is quickly becoming one of the best true crime authors I've had the pleasure to read. This is I think my 3rd or 4th book from this author. He is fantastic at taking the time to weave the pieces together into a cohesive narrative for the reader. I'm positive the research didn't come to him this clean and clear.

2. This book is extremely well researched. There are excerpts from the trial, quotes from the individuals involved, interview notes from investigators and journalists. Glatt took time to interview people who knew

Lacey, and even Lacey herself. It is a thoroughly researched and complete work.

3. This book is not an indictment against social media, but maybe to some degree it should be considered a reminder that social media has social consequences. In this case, Lacey used social media to gather the sympathy should would not otherwise have gotten by keeping Garnet sick. It is a tragic story from beginning to end.

---

### **BAM The Bibliomaniac says**

True Crime Commemoration # 12

Setting: the times of iPhone 4 in various states including New York and Florida

5/30/18 audio reread #57

This is a Muchausen by proxy case that the mom plastered all over her FB account. Simply fascinating how she blatantly broadcasted her crime to all

---

### **Christina Engel says**

418 pages read in less then 24 hours! Unbelievable.

---

### **Kayla Krystine says**

Contrary to most historians, John Glatt captured the story of Lacey and Garnett Spears without making it all about the author. That is one of my biggest pet peeves (looking at you, Anne Rule). While being a very depressing story, it is extremely interesting. The last couple hundred pages are Glatt's observations in the courtroom of the trial.

---

### **Koren says**

Wow! Just Wow! This book is about a young mother with the diagnosis of Munchausen's by proxy who eventually killed her little boy. While it is a hard subject to read about I think it is something everyone should know about. This boy may have lived if the people in her life and the doctors had been more aware of what was going on. Some of them did suspect but didn't investigate further. This book also is interesting because of the aspect that social media played in the case. She probably wouldn't have been caught if she wasn't so addicted to Facebook and Myspace. Note to all criminals: what you post on line can and will be used against you.

I will deduct one point because the trial is about 100 pages and is mostly transcript and/or what has already been told to us before. Otherwise, it would easily be a 5 star book and one of the best True Crime books I have read this year.

---

**Jill Crosby says**

I listened to this as an audio book, and it seemed awfully repetitive--lots and lots of reiteration about what witnesses saw as Lacey Spears engineered the death-by-salt-overdose of her 5-year-old son, Garnett.

---

**Tara says**

The book was well written but the subject matter was difficult at times. Lacey Spears was a twisted woman who abused her beautiful little boy. I don't understand how family members didn't see it or intervene. Doctors, Nurses, Family, Friends....they all had an inkling about Spears but did little to nothing to help Garnett. Even the boys real dad did not take a stand to find for his rights as the boy's father. It's a really sad tale of a lunatic, an innocent child and a bunch of people who stood by and watched the lunatic slowly kill the innocent child.

---

**Erica says**

SO good. It really gives you the whole scope of the story. There is a little bias against the mother, but I think that is to be expected in a case like this one.

---

**Kathy says**

I enjoyed this book, as much as you can enjoy a book about a mother who killed her son, but I found the second half, about the trial, to be very repetitive from the first part.

---