



Small Steps to Great Parenting: An Essential Guide for Busy Families

Kalanit Ben-Ari

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Are you drained by the daily power-struggle with your children?

In this book, Dr. Ben-Ari provides concise and proven tips that can be used in everyday family life. With clear examples taken from the author's research, extensive clinical experience, and personal experience as a mother, the reader will soon learn how to look at issues through the lens of the parent-child connection rather than as a "child behavior problem" that needs to be controlled. This understanding, along with practical tips, will enable one to solve any problem.

...and too busy to read a lengthy, theoretical parenting book?

With small yet highly effective tweaks, parents will learn to turn conflicts into opportunities for growth and connection, repair situations when things go wrong, and bring joy, calm, and balance to family relationships in our fast-paced world. This cutting edge book is perfect for anyone who really wants to improve parenting skills with immediate success and acquire building blocks for a strong family relationship.

Scroll up now to get your copy of **Small Steps to Great Parenting!**

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From Reader Review Small Steps to Great Parenting: An Essential Guide for Busy Families for online ebook

Jaideep Khanduja says

<http://pebbleinthestillwaters.com/sma...>

Small Steps to Great Parenting: An Essential Guide for Busy Families by Dr. Kalanit Ben-Ari fits well in today's hectic lifestyles and singular family structures. Which parents wouldn't like to do the best for their children. But there is always a compromise in that due to some limitation or the other. Sometimes these limitations are real. But mostly these are induced. Whatever is the case, it is always possible to provide a great parenting experience to their children by any parents. This is possible if they keep in mind some effective and mindful small steps to implement in their life. These practical steps in the book are a result of a thorough research and real-life experiences. In fact, the bond between a parent and child is to be seen from both angles rather than looking at it as a problem on either side.

Small Steps to Great Parenting is a practical book to look at each conflict as an opportunity to bring parent and child closer to each other rather than increasing a rift between them. The book, in fact, helps in increasing your parenting skills in an effective manner. All the 17 chapters carry a bunch of wisdom to learn and implement in life. It will be useful if you read the book in the same sequence rather than starting from anywhere and ending anywhere. Dr. Kalanit Ben-Ari correlates parenting with a muscle. A muscle needs persistence and flexibility to keep you stay healthy all the way. For that, it needs stretching, exercise, and different kind of challenges. In fact, every child grows in a unique atmosphere that is incomparable to another child. On the other hand, every parent wants to be the best parent.

Small Steps to Great Parenting helps in expanding your ideas as parents to deal with behavioral issues. In fact, it says there is no fixed route to tackle a situation. You need to think about a range of ideas and then chose the best one to manage a situation. Part one of the book focuses on building a positive bond between parents and children. As a matter of fact, as a parent, you need to keep relation on top of everything rather than a problem or discipline. The book definitely will change your fixed patterns of parenting by providing a new horizon to explore.

Píaras Cíonnaíth says

Jam-packed with answers to the questions you haven't yet thought about!

Small Steps to Great Parenting is an excellent tool in helping parents raise their children and understanding their motivations. The book talked to me, not above me, and it allowed me to explore my own feelings as a parent. It's a book that should be a on the "to read" list of all progressive parents who value a quality relationship with their children.

Raising kids is one of the toughest and most fulfilling jobs in the world — and the one for which you might feel the least prepared. We all want to have good parenting skills. We want to help our children make the most of their potential, and we want them to be contributing members of society. However, it's time-consuming trying to sift through all the parenting tips out there. What makes it even more confusing is that the tips from different "parenting experts" are often contradictory!

Author Dr. Kalanit Ben-Ari's definitive guide is a book I couldn't recommend highly enough.
