



Made for This: 40 Days to Living Your Purpose

Jennie Allen

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Recognize your calling, find your place of service, and follow God to a life of purpose.

In her bestselling books *Anything* and *Restless*, Jennie Allen challenged women to fully surrender their lives to God and then offered a process to uncover and understand the raw materials He had given them to use for His glory and purposes. Now, for the first time ever, those two concepts have been combined to create a forty-day journey for women to pursue God and find the deepest yearnings of their heart fulfilled.

This step-by-step process, to fully surrender to God and then identify the threads of gifts, passions, places, relationships, and sufferings in your life, is not to get what you want but to find what God wants of you. The journal-like edition includes

a new introduction and perspective from Jennie
stories and testimonies from women whose lives have been changed by the process
and the workbook graphics to determine the individual threads and how to weave them together
Divided into forty days, *Made for This* will help readers not only follow their dreams but also be able to answer life's ultimate question: Why am I here?

Made for This: 40 Days to Living Your Purpose Details

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Author : Jennie Allen

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From Reader Review Made for This: 40 Days to Living Your Purpose for online ebook

Vicki Caswell says

If you're ready to make a journey to find God's specific purpose, then Jennie's latest book is ready to lead you onward.

From the beginning to the end, Jennie guides with practical thought processes and Scriptural avenues to help you consider the very question we all grapple with at some point in life: Why am I here?

Wow, did I ever love this book! It's a 40-day journey, that could possibly lead you know to know exactly what God's plans and purposes are in your life, or at least get you so much closer.

Each day consists of a teaching and thoughts to engage your heart and mind, a 'Respond" section with questions to take you to a deeper understanding of the teaching and yourself, and a "Read and Reflect" section with verses to consider and ponder.

A few of my favorite quotes:

- "When we don't love or feel joy or peace or passion, it's because we do not know His love or His joy or peace or passion. He is a Person, not a magic pill you take when our life or your soul is broken. He is a Person you talk to and listen to and respect. He's someone you decide to spend time with and dream with, someone you follow and learn from and hurt with... the Person who defines my life..."
- "We all fight our divided motives every day. The key is to fight."
- "God is accomplishing a thousand tiny purposes at any given moment around us ... It may feel quiet, and possibly even feel forgotten but God is moving to work out His plans all around us."
- "The most sacred moments of our lives are bottled up in inside us—the moments that flash in our minds when our souls have never been so satisfied or the moments we wish we could forget because we have never felt so much pain."
- "There is a very real and active battle, and the prize is faith. God gives faith and Satan steals faith. God loves faith more than any other thing in us and Satan hates our faith more than any other thing. Faith is the measure to which we believe God is God. And faith is the measure to which we let God be God."
- "Unique design indicates unique purpose. Not one part of you exists by accident. God wants to move all these pieces into epic stories that last forever."

Jennie helps you to process the things in your life that weave your story. And trust me, this isn't "navel-gazing" as Jennie reminds us, it's truly about finding your place and purpose in the greater story of God's grand story.

You will want to embark on this 40-day journey. It will change you. It changed me. I found renewed challenges in my life to mentor the young women in my life, taking seriously the call to reach and equip a generation. Don't wait. God is ready to show you all the good He has prepared for you.

Jill says

Jennie Allen helps us answer life's ultimate question, "Why am I here?" in her new book, "Made For This". This 40-day interactive study blends two of Allen's previous books, "Anything" and "Restless" and creates an insightful study that can be used individually or as a group.

This interactive book will help you find your purpose through the "Believe", "Respond" and "Read & Reflect" portions at the end of each day (chapter). Each day builds on the last and by the end of "Made For This", you should be able to pray the "Anything" prayer with confidence and enter into God's purpose for your life with a spirit of excitement and adventure rather than holding on to your insecurities and clinging to the security of the world.

I loved the format of the book allowing for more writing room on the discussion pages.

Disclosure of Material Connection: I received this book free from Booklook Bloggers, as part of Thomas Nelson's Book Review Blogger Program. I was not required to write a review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255: "Guides Concerning the Use of Endorsements and Testimonials in Advertising."

Sarah says

I am a HUGE fan of Jennie Allen and am always thrilled to get my hands on all of her books. Her latest book "Made for This" is amazing! From the start of her book, Jennie gives practical application and thought processes to help the reader grapple with the questions of purpose. This book is deep and meaningful and helps the reader land the plane for understanding or drawing closer to their purpose.

Every day, the reader will be challenged with thoughts to engage your heart, mind and spirit that will take you deeper as you read and reflect. Filled with scripture, stories, and insights from some of her previous books, this 40 day journey will change you. I honestly feel like I was sitting down having coffee with Jennie as she was mentoring me through the 40 day journey. This book will equip you and challenge you.

Grab your copy today!

Alex Jacobson says

"She had me at hello." If ever that phrase was pertinent it's now, in reference to Jennie Allen's new book Made For This: 40 Days to Living Your Purpose. From the very introduction, an anecdote about Sarah, to the beautiful layout and workbook format I found this book drawing me in. This would be a wonderful study to engage in during the Lenten season, starting this Wednesday on Ash Wednesday you could dive into the study for the 40 days of Lent. Made for This is a beautiful tool for deepening your relationship with Jesus and to not just discover, but to live out your purpose.

There is also a current study going on (not too late to join!) and watching how the workbook is impacting the lives of other women is awe inspiring. The book is a "new look at Jennie Allen's core message from her first

two books Restless and Anything." The two books have been combined in Made For This to "create a unique interactive journey to help [the reader] analyze the places they find themselves in, the passions, the gifts, the experiences, their age, and their position to discover their specific calling." Allen has accomplished what she set out to do. The workbook format is practical and engaging. Although some of the ideas and stories are familiar as a reader of Allen's aforementioned books, much of the content is new. I find that hearing a story again provides a unique opportunity to hear it from a different perspective in a different time or space, plus it makes Allen feel like an old friend who tells you the same story a handful of times.

Allen asks challenging questions, leaves room for the reader to process their answers, and provides encouragement to go deeper. The space to respond, read, and reflect both on Allen's words and on Scripture is refreshing. With each page her genuine spirit and love for God and His Word is evident. Her authenticity and candid nature provide a safe space for the reader to engage in the same way.

Thanks to BookLook Bloggers for a copy of this book. All opinions shared here are my own.

Rebecca Burnsworth says

When I saw this book and its title "Made for This", I just had to take a look at it. I always seem to compare the book of Esther in the Bible to its Bible verse that has the words, "made for such a time as this." I am always intrigued by books, stories or Bible studies that could perhaps pertain to Esther. When you open up this book, you are met with an introduction. It might be best if you do read the introduction because it's so empowering to read these words that it makes you want to dig in. Over the forty days in the book, you'll discover ways to pray and how to discern God in your life.

I really feel that if you are out there still looking for your purpose in life, then you should pick up this book. In just forty days, the author Jennie Allen, is able to get you to reflect on your own life. This book is just like what the back cover says; it is a 40-day interactive journey. It would be hard to say this book is a devotional because it is more than that. It can be life changing for you. There are many pages that you can write on and make your own notes. Or you can use a notebook. However, you work through this book, you'll have some monumental experiences while reading and reflecting on your own life.

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Anna Scott says

When today's culture pushes constantly that you are "made for MORE" and to constantly do more, be more, pursue more, etc... it's easy to get swept away by our own successes and failures, our own efforts. Jennie Allen's Made for THIS: 40 Days to Living Your Purpose is essential for keeping our eyes set on the hope and trust we have in Christ, and the vision that God has crafted for our life - right here, right now. Made for This is practical and guides you through what is God calling you to HERE in THIS moment, with the skills, gifts, and talents He has already equipped you with. You won't regret picking up this book and working through these questions with God.

Jenn Conwell says

I'm using this resource through the season of lent as it's made to be complete in a 40-day window. The devotions are short and sweet but full of depth and questions that make you think. As a full-time working mother, I am always looking for devotions that will challenge me, but won't take hours to complete. This one is perfect for me. I was a little nervous that it would be much like a "Search for Significance" book since I feel like there are a lot out there in this similar manner of theme, but this is unique in its own way. I highly recommend it.

Thank you Thomas Nelson for sending me a copy in exchange for my honest review.

Sarah Mahieu says

I really wanted to like this, but honestly I had a really hard time with it. I felt the author's excitement in wanting to share experiences and her desire to help the reader to experience those same things for ourselves, I just don't feel like that's how a relationship with God works. Each relationship is so different because we are all different people and He relates/communicates with us individually in unique ways. I have a hard time with the philosophy that if I pray this _____, then _____ will happen. That's kind of how this comes off to me. I just couldn't agree with some things said also. Much love to Jennie-I respect her and her heart for God-I just couldn't get into this one.

Laura Meiser says

Are you in a season of transition in your life? Do you find yourself questioning your purpose? Or maybe you wonder if you've missed what God had for you to do all along. If so, "Made for This: 40 Days to Living Your Purpose" is exactly what you're looking for. By adapting content from "Anything" and "Restless", author Jennie Allen has created a useful tool for the woman who has more questions than answers about what in the world she's here for and where she is to go next. This beautiful devotional is short on fluff but rather full of thoughtful content, probing questions begging to be journaled while processing, and always points back to God's ultimate word on the matter. I can't think of a woman in my life who wouldn't benefit from Jennie's process woven through the pages of this book. Regardless of your age or stage, there is beneficial truth to be found.

Amanda Keller says

I was so excited to get my hands on an advanced copy of this book! Despite having a very tight schedule (full time working mom of 6 young children), this devotional moves quickly but goes deep! Each day/chapter was only a few pages but got right to the heart of issues so can be read daily or straight through as a normal book. I also purchased the audio version which allowed me to get through the entire book in a day.

Jennie's previous book studies have been beneficial in my own life; I attended a group study of Restless

when in a very broken state and it allowed me to see the benefits of pushing through to a place of healing. Following this I read Anything by myself and submitted every area of my life to the Lord, leading me to invest in myself by joining Mom Mastery University, coaching specifically designed for moms with a Christian basis.

Made for This should be worked through either more than once (if sped through) or savored, preferably jointly with others. It was beneficial to read through but to get a real impact it would require writing down personal reflection and praying through the threads of your life. Because I have done some of this work already and have recently walked into my deeper purpose this resource was more of a confirmation however it is still beneficial to continue to examine the path of our lives. Jennie has such a passion to encourage women to run the race established for them, this devotional is an invaluable resource for those who are looking to determine exactly what that is and for the women who have a similar passion to lead others into their best purpose!

Summed up: Made for This is a versatile resource that both goes deep and is easily broken down into manageable steps!

Angie Moser french says

Are you wrestling with your purpose? Do you often ask, “Lord, why am I here?” Are you searching for something bigger?

With her trademark earnestness, Jennie Allen builds on her previous works to take you on a journey to living out God’s purpose. In this 40-day endeavor, Jennie guides you through scripture and self-examination to discover the life God is calling you to live.

The book itself is beautiful. The bold use of color on the cover invites you in and the texture of the pages encourages you to make your mark. And it wouldn’t be a Jennie Allen book without some deep reflective questions. Space is provided to respond and work out your thoughts. Made For This would make an all-around fabulous gift!

Cynthia says

This book is a 40 day devotional and study based on her previous titles Restless and Anything. I have read both of them previously a few years ago at a time my life needed some focus and Doing the Restless bible study gave me that focus when I desperately needed it.

Once again I find myself looking for focus in my life and finding what my God designed place is in this new season of life after a cross country move and a new parenting season. Already I can see this study bringing focus to my life and new opportunities and responsibility I have now.

The book brings the content of Restless and Anything together in a refreshing way. Allowing you to revisit the scriptures and content in a new way.

I was provided an advanced copy of this book in exchange for my honest opinion.

Micah Williams says

I've read tons of devotionals over the years, this by far is my favorite! Jennie is so authentic and gut level honest about her life, experiences, thoughts and feelings especially in this book! What I love the most is at the end of every day there are questions to dig deeper very similar to a mini Bible Study and suggested scripture reading. I walked away from each daily reading feeling like I had not only learned but also had experienced Jesus. I cannot recommend this book or Jennie enough! Her teaching has changed me so much and I believe this book will change many others lives as well!

Holly says

This book is one you will want to have a physical copy and write all over it. Each day includes Scripture, an essay/teaching and response questions for your own study.

It is so much more than information, but how the truth of who God is interacts with who he made us to be and thus why we are here on this planet in our individual lives, with the unique stories we all are living.

Much of the content is similar to, but expanded from previous Bible studies from Jennie, but presented as an experience for the reader to dive into their own God-given purpose.

Create With Joy says

Jennie Allen is a gifted and passionate writer whose latest book, *Made For This*, is perfect for anyone looking for a creative and interactive way to learn more about herself and to use her gifts, life experiences, and dreams to pursue God's plans for her life.

Each day, you'll read a devotional and complete a series of exercises that will help you to uncover and explore the gifts, passions, places, relationships, and sufferings in your life. In the process, you'll also discover how God can use all of these things, as well as your dreams and passions, for His greater purpose.

This excerpt is taken from the original review that is published on my blog. To read my review in its entirety, please visit [Create With Joy](#).
