



Life Lessons for Women: 7 Essential Ingredients for a Balanced Life

Jack Canfield , Mark Victor Hansen , Stephanie Marston

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Jack Canfield and Mark Victor Hansen have inspired millions with their timeless tales of everyday life. Now they team with noted women's issues expert Stephanie Martson for the first new book series in the Chicken Soup line.

Extraordinary recipes for living will improve lives in nine simple steps. Women will benefit from getting to know themselves in a journal that truly celebrate life. The basic premise of the Chicken Soup series--the power of friendship, the joy of the small moment, and importance of relationships -- has been reborn into a step-by-step primer for a better life. The advice in Life Lessons is aimed specifically at women and their everyday concerns, such as finding time, making ends meet and balancing priorities; it is straightforward yet perceptive, and combined with powerful stories, it overflows with inspiration and direction for creating a significant life.

Life Lessons for Women: 7 Essential Ingredients for a Balanced Life Details

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Gabriella says

Okay, it's been years since I read a chicken soup book but I grabbed this randomly off my shelf... Maybe just wasn't in the mood for an inspirational self help book.... What I did get out of it is that I need to stop and smell the roses because I'm very much of a crazy busy person.

Stush says

Great quotes and inspirational stories from strong women.

Fateemya says

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Nouf404 says

inspiring stories that contain lessons for life.

Fatema says

Simple and sweet.

Redfox5 says

I don't know why I didn't click this was a self help book. I just wanted to read a 'Chicken Soup for the soul book' This book wasn't aimed at me. I don't have to deal with a lot of the things other women do. Though I will have to someday. It did kinda make me want to give Blood. Anyways besides that I did still enjoy reading it and think it would be useful for someone with quite a stressful life. The best thing about this book were the little stories people had sent in. They were really sweet and touching. My fave being the one about the little boy raising money for the families of the people killed in 9/11. And then making little American flags for the postmen. I would properly never buy a chicken soup book but if another one were to ever come my way I would definitely give it a read. Just for those stories :)

Fatima ?` says

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D.A.M says

Khadija3li says

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Om Abdurhman says

Mariam Asal says

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Ghada ALamoudi says

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Dodoo Ahmed says

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