



Feng Shui Para Occidente

Terah Kathryn Collins

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El Feng Shui (a veces llamado "el arte de la ubicación") podría definirse como el arte de mejorar la configuración de cualquier espacio. En este libro, la autora nos presenta este antiguo arte chino y nos ofrece explicaciones claras y concisas que responden a las necesidades específicas de nuestro modo de vida occidental.

Con estas orientaciones y algo de práctica, podrás diagnosticar y sanar tu lugar de residencia o de trabajo y crear armonía, comodidad y equilibrio en casi cualquier espacio, tanto si se trata de una oficina llena de gente como de la residencia de una familia numerosa o un pequeño apartamento.

El Feng Shui, término chino que significa "viento y agua", es anterior al confucianismo y al taoísmo, y se practica desde hace más de tres mil años en China, con vistas a encontrar los lugares más adecuados para la construcción y la mejor organización del espacio en cada lugar. En esencia, se trata de aprovechar al máximo las energías positivas del Cielo y la Tierra y esquivar las negativas.

Cuando aplicamos los principios del Feng Shui, nos damos cuenta de que tenemos en nuestras manos una inagotable reserva de poderosos y eficaces métodos para intensificar y mejorar el chi -la energía vital- y hacer que nuestro entorno sea armonioso.

Siguiendo las orientaciones de este libro, el lector podrá ordenar su espacio vital de una manera que favorezca su armonía interior, su salud y su prosperidad.

Feng Shui Para Occidente Details

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LemontreeLime says

This was good. This probably explained the elemental cycle of the feng shui, the 'nourishing and controlling cycles of the five elements' better than any other book I've read on the subject. (ie: how water nurtures wood which feeds fire which makes earth which creates metal which holds water VS Wood consumes earth which dams water which extinguishes fire which melts metal which cuts wood... ect...) I had never really considered this method of balancing things before, and i am curious as perhaps such a set of ideas could be considered more deeply in the composition of art... it's a curious thought, and it might be a great deal of fun.

Elyssa says

This is the most accessible book I've read on the topic of feng shui. It provides guidelines that are easy to apply in your home and office.

Kati says

This book did not fully explore why Feng Shui supposedly works but it certainly leaves you thinking it must be based on the plethora of success stories. I'm still skeptical overall but tend to feel it can't hurt to loosely follow the book's advice. Nicely written. Good success stories. Easily applicable tips.

Tori says

The Western Guide to Feng Shui: Creating Balance, Harmony, and Prosperity in Your Environment (Feng Shui) by Terah Kathryn Collins (1996)

Sidney says

I read this when I first discovered Feng Shui. I particularly like this author and her approach. Many Feng Shui books are more 'eastern' in thought and her thoughts are much more compatible with mine.

Sherry says

This is the book that introduced me to feng shui. I really like this author's approach. Feng shui can get real complicated real fast, but she focuses on the simple principles and concepts. I also like the real life examples of people she has worked with.

It might sound like a lot of hogwash, but when you read this book, you realize that the concepts of feng shui really have to do with human nature and perception of environment rather than with superstition.

I always recommend this book to anyone interested in learning more about feng shui.

Michele says

I liked her example stories. Her definitions and descriptions for the "placement" Feng Shui were clear and helpful.

Viktoria says

This is my Feng Shui teacher's original publication. A modern western approach to Form Feng Shui. The yin approach to the yang origin of Feng Shui. All of Terah's books are excellent. Form Feng Shui can be accessed more easily than compass, flying stars, and the like. She stands among many excellent authors on this subject.

Patti says

My first book of Feng Shui recommended by the teacher in a Saturday morning adult education class, in Irvine California. It lead me towards years educating myself in the art of Chinese placement.

planetkimi says

Somewhere in the second half of the book, I put it down and have realized after months that I'm probably not going to pick it back up! I'm keeping my copy because I did enjoy the first half of the book, and I believe that it is a good reference book.

Creative Choices says

Please note the following review in part or in entirety is a copy of other reviews I have written on similar Feng Shui books.

Ok this is the longest Review I have written as I am very passionate about it due to my personal experience with it - so please bare with me. If you are interested in Feng Shui it may be worth the read.

I bought this book along with many others; (which I will lump together here and probably post this same review on each) when I knew nothing about Feng Shui except for the concept - put your things in the right place and create harmony and flow in your life.

In theory this like the other 'western style' Feng Shui books are great. By western I mean anything that does not hold up to the Classical/Authentic Feng Shui concepts. Easy to read, easy to apply for the most part and fairly easy to incorporate into most homes.

There are a few 'universal' concepts 'these' books shared that are logical, useful and truly helpful. Such as decluttering your life/home and using plants to bring in good energy. For the sake of being fair I am quite certain there are a few more that I am neglecting to mention here.

If anyone has read different books on Feng Shui they will notice how each one seems to contradict the next. So even if you think you are 'playing by the rules for one' the next one tells you, you are way off course.

First let me say I tried so many different techniques found in these books that I thought my head would spin. Not just for a day or two but for well over two years. Some of the things seemed to have an effect but as I have realized this has more to do with the power of positive intention which most of these books work from.

When we bought our first home I used a good majority of the techniques to sway my decision as to which home to buy & where. Not to mention the placement of my furniture etc. Western Feng Shui is sort of a set it and forget it concept but they often use Asian influence chatskies as well to keep bringing the mind back to the intension. With such limiting results I had pretty much chalked it up to 'not worth too much of my effort'.

So when a Classical Feng Shui speaker was presenting at a fair I had no intention of going but since the other speaker who was to present during that time did not show I thought I would go ahead and check it out. I was pleasingly surprised but skeptical as she explained why these techniques worked a little but nothing seemed to 'stick'. She shared her experience with it and how in learning Classical (Authentic) Feng Shui vs. what we find on our book shelves, it made all the difference in the world. Also explaining how every person has to find out what their best and worst directions and that it is NOT universal. Along with the importance of understanding your 'Destiny Chart' which plays just as big of a role in the 'outcome' of how effective Feng Shui can be.

I noticed everything she was working with was in Chinese characters and she talked about how her teachers were Masters that were from China.

Everything she shared made since so for the better part of the next day her, my friend & I spent time talking more about it.

I asked her if she had any books she could recommend on the subject - then came the bomb... She said 'there are no English books on the subject in print right now'.

That pretty much discouraged me but after I got home I started researching and found one resource that seemed legitimate. I did as much research as possible and found him to be highly reputable. Joey Yap seems very sincere in his agenda to bring Classical/Authentic Feng Shui and other Chinese arts to the western culture.

After reading his website, hundreds of his articles, watching some of his videos I applied some of his techniques and was AMAZED and the results. Then I compared my 'favorable and unfavorable' directions with the places I have lived using Google Earth to pinpoint the direction of my bed placement and found the One time in my life I was the healthiest was the ONLY time my bed had ever been in one of my favorable positions. After moving our bed within ONE DAY both my husband & my energy had increased (thankfully we both share the same favorable directions). That along with many other things has made me a believer in

something that I didn't hold much weight to before.

Needless to say I have since been slowly learning more and more about Classical Feng Shui, Bazi (Destiny) Charts, and Mian Xiang (face reading) and continue to be impressed with its accuracy.

The most disheartening thing about 'Western' Feng Shui concepts is that most of the authors feel they what they are doing is good and helpful and for the most part the power of positive intention allows them to have some results. But unknowingly some of these Consultants don't realize that what they are teaching/sharing can actually be doing more harm than good. Since many of them use a Universal Bagua for everyone and give everyone the same positions for everything.

In closing I would like to suggest that you skip all the hype and the books suggesting that they have an 'easier way'. If you Truly want to experience what Feng Shui can offer don't mess with techniques that can sometimes do more harm than good. Check out Yap's books and/or DVD trainings and learn what Feng Shui truly is about.

Erika says

LOVED this book - I definitely recommend this book for anyone who wants to make positive changes in their life/work/home. It was GREAT - she gave good examples and descriptions. Fascinating stuff.

Patty says

Even if you don't fully "believe in" feng shui, this book gets you thinking about how your environment affects you. I have to admit there are uncanny examples from my own home (e.g. our Wealth and Prosperity section is my husband's man cave, which is a disaster zone... and we've been broke for years!) At the very least, this book has inspired some ideas for where to place things in our new house and how to decorate with intention, rather than haphazardly.
