

# UNFU<sup>K</sup> YOURSELVES



THE LIFE-CHANGING MAGIC OF HOW TO  
STOP MESSING UP RELATIONSHIPS,  
SO YOU CAN SKIP ARGUMENTS, BE HAPPIER,  
SPARK LOVE, AND STAY TWOGETHER FOREVER.  
blanshard & blanshard

## Unfu\*k Yourselves: The Life-Changing Magic of How to Stop Messing Up Relationships So You Can Skip Arguments, Be Happier, Spark Love, and Stay Twogether Forever.

*Susan Blanshard*

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*Susan Blanshard*

**Unfu\*k Yourselves: The Life-Changing Magic of How to Stop Messing Up Relationships So You Can Skip Arguments, Be Happier, Spark Love, and Stay Twogether Forever.** Susan Blanshard

**IT'S LIFE-CHANGING MAGIC. ONCE YOU ACTUALLY READ THIS BOOK, IT WILL CHANGE YOUR LOVE LIFE MORE THAN YOU CAN IMAGINE.** It doesn't matter if your relationship is at the lusting or loathing stage, this brilliant, witty, and practical non-guru self-help guide is designed to cut through the usual relationship bullsh\*t and get straight to the point: **relationships don't fu\*k themselves up, we fu\*k them up!**

**FOR EVERY COUPLE WHO DESPERATELY WANTS TO IMPROVE THEIR RELATIONSHIP AND DO IT NOW!**

This refreshingly entertaining how-to guide will help you: Unfu\*k Yourselves in 7 days, have the power to make fu\*ked-up issues disappear like magic, get rid of love-wrecking dramas in seconds, blast misunderstandings in minutes, stop love-sabotaging behaviors that cause arguments in a flash, recognize beliefs and behaviors that fu\*ck things up, fight less and love more, give more and get more of what you need, share a relationship that you both totally love, be truly happier beyond belief.

Unfu\*k Yourselves, already! By the end of *Unfu\*ck Yourselves*, you'll understand the idea of how, if you're willing to work together, you can easily change fu\*ked-up stuff.

**More than 50 awesome love-saving chapters like: 'Unfu\*k Yourselves in 7 days' 'Acid Rain' 'Chocolate' 'Lipstick' 'WeWe' 'Dog With a Bone' 'Vampires' 'Chunky Love' 'Eat Dirt'**

Each refreshing magazine style chapter, shows you how to unfu\*k yourselves so you can be happier and be likely to have the best sex ever. When you finish the book, you'll never want to leave each other!

**blanshard & blanshard** are a creative couple based in London and Sydney.

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# **From Reader Review Unfu\*k Yourselves: The Life-Changing Magic of How to Stop Messing Up Relationships So You Can Skip Arguments, Be Happier, Spark Love, and Stay Twogether Forever. for online ebook**

## **Pat Cavill says**

It came up with little that I was not already aware of. May be useful to some people.

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## **Frederico Santos says**

Very funny, a big and healthy laugh.

I will have to teach some self esteem techniques to some of my friends (based on this book!)

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## **M. says**

A fun, yet serious read.

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## **Louise says**

This was silly, I get the quirky idea of swearing but it got annoying and irritating, and distracted from anything else. To short to and just not my kind of book.

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## **Brooke says**

There was so much swearing in this book it was almost annoying.

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